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THE
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A Monthly Journal for the Nursing Profession in Canada

Editor and Business Manager.....MISS HELEN RANDAL, R.N.

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National Memorial Committee

The following is the report of the meeting of the National Memorial Committee, held November 10th, 1922:

TREASURER'S REPORT:

The Treasurer reported the balance in the bank to be $20,133.64. The various Provinces have contributed as follows:

British Columbia	$2,865.00
Alberta	895.25
Saskatchewan	425.00
Manitoba	914.85
Ontario	6,124.75
Quebec	7,263.63
New Brunswick	860.85
Nova Scotia	461.75
Prince Edward Island	260.15

Reports were read from the following Provinces: Nova Scotia, Ontario, Alberta, Saskatchewan, and British Columbia. All of these reports show that the Provinces are at present carrying on active campaigns.

A report from our Business Committee was received, but that Committee has, as yet, no further information to give as to the placing or cost of the memorial. It is hoped that such information will be available very soon.

(Signed) E. K. RUSSELL,
Secretary, National Memorial Committee.

HUMILITY

For all poor souls we'll strew the feast,
With kindly heart and free;
Our Father owns us and at least
To-day we'll brothers be.
Away with pride
This holy tide,
For it is Christmas morning!

So may God bless us one and all,
With hearts and hearthstones warm,
And may He prosper great and small
And keep us out of harm;
And teach us still
His sweet good-will
This merry Christmas morning.

—*Edwin Waugh.*

A Moral Prescription

(Continued from last month.)

CHAPTER V.

Once again Mother Nature was preparing for Earth a festive garment in celebration of the Christ Child's birth. As she set to work everybody caught her spirit and they, too, began to make preparations. For Barbara McLean the Christmas spirit held a deeper meaning than ever before. During the previous months she had faced a crisis in her life; had accepted a challenge thrown out to her; and, after much deliberate thought, had offered herself for service in Africa.

"Why go to Africa?" questioned Belle. "There's plenty of opportunity for that kind of work at home. Even China or Japan seems more reasonable, but to bury oneself in Africa—I can't understand it."

"Well you see, dear, the need is greatest there. Just think of the millions of women who lack medical care of any description. O Belle, I want to go!"

"I believe, Barbara, you delight in hard things. I wish I were like you. Why mother would take a coniption fit if I were to ever mention social service work."

But while Barbara held the loyal admiration of many of the nurses, those influenced by Dot Lee held aloof in an attitude of suspicion. To a person of Barbara's sensitive nature, it hurt deeply. On the other hand, her own common sense told her that the true reason for Dot's actions was her friendship with Nurse Doran.

"I think I shall try that prescription on her own sweet self," laughed Barbara one day as she talked the matter over with Belle. Then, seriously, she added: "I may yet win back her friendship. I like Dot, but the trouble is she won't try to understand."

But the busy days left little time for worry in Barbara's mind. The Christmas spirit had taken hold of her, and she was going to make it the best Christmas she had ever known. She had been off duty the previous year; it was now her turn to work all day ,and she would make the day count. The hospital Alumni were to give a Christmas tree to the needy of the town. The corridors would have to have their usual trimmings of bunting and evergreen, and Barbara smiled as she thought of the brightening faces of the patients as they revelled in the festive gaiety of the decorated walls.

Two days before Christmas the joyous anticipation was at its height. Everybody seemed to be in a hurry. Even a gathering snow storm whirled itself into activity, piling snow ridges everywhere and forcing the eddying flakes into inconceivable crevices. Thus, when Barbara passed through the hallway for 'hours off', she was not at all surprised when the outer door of the nurses' apartment unceremoniously opened and the wind blew in a diminutive individual, looking like a miniature snow-drift. Bright blue eyes sparkled up at Barbara from underneath

the black bonnet, and as she hesitated to catch her breath, she dropped a worn travelling bag from her benumbed fingers and asked: "Is this the nurses' home? I want Miss Betty Brown—that is if it is possible to see her. Betty is a new girl in training and I'm her aunt."

"I'm happy to meet you," said Barbara with a smile. "Quite a blustery day, isn't it? Come over near the grate and get warm, Mrs. —"

"No; Miss, if you please, Miss Brown."

"All right, Miss Brown. I'll just enquire after Betty." So saying, she went to the telephone.

"No; Miss Brown will not be off duty for an hour yet," came the answer.

"O well, I can just wait here," offered the new-comer with a merry little laugh. "You see, Betty wrote saying that she would have to work all day on Christmas, and so I thought I would take a run up and surprise her. I had some little frivolities for her, and of course one can never trust the mail service: they would be sure to go astray. But the trains are cold on the feet, aren't they? I'm right glad to be by a fire."

Barbara longed to hug the happy face, the form, and bag of frivolities as well. O to have an aunt like that! But such aunts musn't be cold. Without one thought of rule-breaking, she hurried back to the kitchen, and in a few moments returned bearing a tray on which was hot tea and a biscuit or two.

"Now, Miss Brown, drink that, and you will be warm in a moment!" The two talked merrily, then back went Barbara with the dishes to the nearest diet kitchen.

"I presume the lady's been having afternoon tea," came a voice from behind her.

Barbara turned. "O hello Dot! Had your hours off? Did you notice the dear little lady in the waiting room? She has just come from the train and has to wait an hour before she can see Miss Brown so I gave her a cup of tea."

"Regardless of rules, eh?"

"To tell you the truth, Dot, I did not think of rules. The little woman was chilled, and I don't think for moment Miss Ellerton would mind."

"You must be especially favored by Miss Ellerton. First, its serving luncheon to Mistress Doran and Mr. Clayton, then—"

Barbara looked at her in amazement.

"Behold your sins will find you out," she continued glibly, and stray sandwiches will fall on the floor sometimes, you know."

"Well Dot," came the emphatic reply, "if you have a worth-while complaint to make, I have a worth-while account to give."

She replaced the dishes and went back to her room. A feeling of depression had suddenly overshadowed her, and despite her efforts, not

even the pleasure of the evening's Christmas tree could quite dispel it. Instinctively, she and Dot avoided each other, and that in itself was most unpleasant; but to have to lose one's faith in a friend was still more unpromising.

However, the festivities proved a grand success, and that was something to be glad about. Then those two bright blue eyes of Betty Brown's aunt kept smiling into her memory, and it really wasn't very hard after all to forget a disappointment when two such merry eyes irradiated the last waking hours of a busy day and wove their brightness into pleasant dreams of a quiet night.

The next day Barbara received her orders. "Day duty, seven to seven, relieving nurse Murray."

"Hooray!" cheered Barbara, as she tossed her slipper high in the air where it descended on the head of Belle as she bent over her suit case "You can pack and go home if you like. I really don't care. Just think, Belle, I'm to be boss, and all the Dot Lees in the hospital can't dictate to me. Then in the evening—guess where I'm invited?"

"McDougal's?"

"Nope!"

"Smith's?"

"It's not there."

"Thornton's?"

"Guess again."

"Mark Clayton's?"

"Righto! Mark's mother is giving an evening and Christmas tree for Kate, and I'm invited. Kate's taking all my parcels to be opened there. How's that for a merry Christmas?"

"I wish I could take you with me," was Belle's wistful reply.

Nevertheless, six a.m. Christmas morning Barbara hopped out of bed and immediately projected her head out of the window. The pale moon and stars were shining in their blue zenith in prophecy of a bright day. Here and there in the distance the houses were coming to life, and for a moment the old longing for home and mother stole over her. The cold, snappy air, however, caught her breath, and as the wind playfully tossed some loose snow in her face, she bobbed her head in and closed the window.

Promptly at seven, in a crisp blue and white uniform, she presented herself at the main office. As she entered, the sleek head of Henry made itself visible above a pile of parcels of every conceivable shape and size.

"Merry Christmas, Henry! I thought you would be taking a holiday?" she exclaimed.

"This 'ere 'orsbital could 'ardly do without me could hit, with all these parcels a blowin' in on one delivery? In old London, in England, where I come from, there's never all this fussin' about Christmas. True, we 'ave 'olly decorations, but we just top hit off with bully beef and a plum puddin' and the day's hover."

"Now, Henry, you know very well you would not miss playing Santa Claus this morning for a great deal."

"O well, Miss, hit does bring hits pleasure, hit does."

Just as Barbara expected, her duties consisted of inspecting every ward in the hospital to see that everybody was made as comfortable and happy as possible, and she went her way with a prayer in her heart and a 'Merry Christmas' on her lips.

As the red-gold of a sunny day broke through the dawn, the hospital wakened to activity. Propped-up patients eagerly unwrapped mysterious parcels, while others lay with glistening eyes under the spell of the Christmas carols which were being sung by various town choirs. Everybody seemed happy; and yet there were those who carried lonely hearts under the mask of smiling faces. First-year nurses who had never been away from home surroundings before; these Barbara thought of, and many a sly squeeze of the hand or pat on the shoulder made them to feel that she understood. There were others, too, that found it hard to mask their faces against hidden sorrow. Upon one such did Barbara happen about noon time. As she opened the door of a small private ward, a motherly old lady with two very bright roses in her bonnet, which oddly contrasted the tears on her cheeks, was watching intently the face of a quiet form on the bed. Instantly the 'Merry Christmas' died on Barbara's lips.

"How's the sick man to-day?" she enquired kindly.

"O I don't know. I'm afraid my husband is not so well;" and seeing in Barbara a sympathetic listener, she added: "I don't know how I can bear to let him go, seeing we have only got each other."

Barbara bent over the sleeping form. "Respiration fair: pulse fair: O I wouldn't feel too badly about it. You see he needs sleep, and no doubt he will sleep for hours. That will give him strength and he will be more normal again. I assure you there is no immediate danger." Then, turning abruptly, she questioned, "have you had any dinner?"

"Why no; I didn't know it was dinner time, and anyway I'm not hungry."

"No dinner on Christmas day?" exclaimed Barbara, "why that would never do. Just you wait a moment and I'll attend to that." And she left the woman bewildered as to her meaning, for in her sorrow she had for the time forgotten that it was Christmas day.

As Barbara entered the diet kitchen the nurses were returning the dinner trays and commenting gaily on the one which they considered most prettily prepared.

"Who is in charge or room ten? Oh is it you, Miss Nelson? Well there's an elderly woman up there who has actually forgotten that it is Christmas, and she hasn't had any dinner. See that a tray is made up and bring it to her." But noticing the pert features of Nurse Nelson take on a sharper expression, she remembered that that lady was an admirer of Dot Lee Fearing unpleasantness, she added, "never mind, I'll attend to it myself. I guess you are busy enough.

Picking up a tray, she then proceeded to fill it with dainties. There was turkey, plum pudding, a miniature Santa Claus filled with candies, a cracker, and some nuts. Then, plunging into her deep pocket, she drew out a gaily wrapped package of handkerchiefs which she had placed there for just such an emergency. All were laid on the tray. "Now where's the holly?" she asked exultantly. "She has two red roses in her bonnet; that shows she has a love for bright things." She snipped a piece with plently of berries and added it as the last touch. "Now, isn't that fit for a queen?" she laughed. And, with the exception of junior Nurse Nelson, they all admired it openly.

"I believe it's the prize tray of the day," exclaimed one.

Then, as Barbara left the room, timid Betty Brown spoke up. "I think Miss McLean really loves old ladies." Then, in another breath, "wouldn't it be lovely if she were our super. every day?"

But Miss Nelson only bit her lips. and in an undertone remarked that she wished Miss McLean would keep her superior fingers off her wards. Happily for Barbara, she did not hear the remark, and the day passed without a mar on her happiness. The homelike influence of the evening at Clayton's capped the climax of a perfect Christmas day, but the one incident among the many that left the deepest joy was the mental picture of the motherly soul who viewed life from a brighter aspect under the influence of a turkey dinner and a kindly word.

CHAPTER VI.

If there is one thing more than another that students in any walk of life try hardest to avoid, it is having to 'walk the carpet'. And when a few weeks later Barbara was sought out by the supervisor with the summons, "Miss Ellerton wishes to see you at her office," she was conscious of a nervous chill passing over her. But, with that command which comes from rigid training, no trace of it could be detected as she answered, "Thank you, Miss Burton, I shall go at once."

And along the corridor and down two flights of stairs she walked in puzzled thought. Surely Dot could not have— no, she was sure that Dot with all her faults would not stoop to such a thing. Perhaps she had made a mistake somewhere. There was one thing certain, in all events Miss Ellerton would be just, and she would have to bear the consequences whatever they might be.

A sweet-faced gentle woman, with silvery hair, looked up from her desk as Barbara entered. Loosely clasping her hands, she rested them on the ledger over which she had been working.

"Miss McLean," she exclaimed, "I have some peculiar charges made against you, which I feel need an explanation. There has been a complaint that not only have you and Mrs. Doran served tea in the living room against rules, but you have also at times served meals to strangers here in hospital without permission, and all under the pretense that I gave you the privilege. I have been speaking with Mrs. Doran,

and she acknowledged having served refreshments once, but other than that I could get no satisfaction from her."

Barbara met the kindly gaze of the matron frankly and without hesitation. "Miss Ellerton, Nurse Doran has never served tea in the living room; it was I who did it. May I explain?"

The matron nodded assent, and Barbara, forgetting everything save the little red-headed widow, started from the beginning and gave a terse graphic account of how she was shunned; of the night's experience in the nursery; and how Barbara had made up her mind to become her friend; then of how as time past the full story of the widow's life was told her. With tears in her eyes, Barbara repeated the story of the husband's call to the Great Fight; of the ultimate supreme sacrifice; of the two kiddies left fatherless; and the influenza epidemic, which first took the eldest, a bonnie boy of four years; then the heart-breaking agonies as her baby of three months was laid away; and how death of the child in the nursery made her live over again the fateful night in her own life.

"Left with a small income," continued Barbara, "she chose to train in our hospital, and that training has meant the strictest economy and sacrifice."

Then Barbara frankly confessed how at the end of the long dreary day she had taken advantage of an empty house and had served tea to Mrs. Doran and her friend. As Barbara finished, the matron, with thoughtful face resting on one hand, asked; "Is that the only time you have disobeyed rules, Miss McLean?"

"No, Miss Ellerton; I served a cup of coffee to Miss Brown's aunt. The little lady was badly chilled and had to wait one hour to see Miss Betty. Then I served Christmas dinner to an elderly lady who sat weeping beside her sick husband, quite forgetful of it being Christmas day. I thought it would help our patient to put up a better fight, if he knew his wife had not been neglected."

Miss Ellerton's face was a study as she stared intently into space. Here was a peculiar confession indeed. A senior nurse risking honors for the good of others. And yet, there was the constitution; those breaking rules must lose honor marks. Her own experience had taught her that many times rules had been broken which had not come to her notice. Inwardly she detested the spirit of tattling; yet the rules were inexorable.

"You know the result of breaking rules?" she asked.

"I am not working for honors, Miss Ellerton; I am working for my patients and the good of humanity."

"Very well, you may return to duty."

When Barbara's eyes caught sight of the motto-bedecked beds that evening, her first impulse was to rip them off and throw them into the waste-paper basket, but luckily her sense of humor prevailed. "Well," she nodded emphatically, "you two innocent-looking things have been the means of thrusting me into a peck of trouble. Quite a disreputable ending for a senior missionary nurse, isn't it?"

She was standing with her arms folded, when Kate bounced into the room.

"Well," demanded the intruder, "what did Miss Ellerton say? Now don't try to wriggle out of it. I know you had to face the music, so out with it!"

"Why Kate," laughed Barbara, "you look as mad as the proverbial hatter."

"Well, I am—mad, madder, maddest! It makes me tired. Can't do a thing without somebody snooping round and tattling. Twice last month Dot Lee and her followers climbed up the back verandah after eleven o'clock! They have tea-parties and the dear only knows what in their rooms, and they get away with it. Then, just because I disobey once, it means losing honors not only for myself, but you, too. I'm a nuisance to everybody," she added vehemently; "I feel like running away!"

"And where would you run to?" asked Barbara demurely.

"O I guess I can marry Mark a few months earlier, for all it counts—"

Barbara's attitude changed immediately. "I think you had better come down off your dignity," she advised. "I think one experience in your life would prove sufficient to teach you the value of having a life work at the back of you. And anyway, Mark Clayton is a gentleman, and no gentleman would marry a girl four months before her graduation. On the other hand," she added, "where's the money coming from?"

Barbara knew her words cut deep, but they sufficed to bring Kate to sane ground again.

"O Barbara," she anwered more quietly," I know you're right, but how can I face graduation, knowing I have been the means of losing your honor marks as well as my own?"

"O don't, Kate; you know I broke the rules twice besides that, and we've got to pay the penalty. 'A 'orsbital is a 'orsbital, and we must hobey hits laws, you know'. Anyway, Kate, why need we worry when you'll be married at all events, and I'll be away in Africa? I don't suppose the natives will give a hoot about my honors, providing I can but cure their ills."

CHAPTER VII.

Busily flew the weeks, yet to Barbara they brought many exceedingly trying days. Dot Lee had taken on an attitude of self-complacency which irritated beyond measure. But ever did Barbara faithfully keep before her the prescription which Dot so satirically gave, and many a time kept her temper when otherwise she would have failed. On the other hand, Dot was equally puzzled over Barbara's attitude, and secretly admired the plucky way in which Barbara handled her when she knew she was most annoying.

The most trying of all days, however, and the one which fate seemed to make cruelest, was the day the graduation calendar came fresh from the printer's hands, and was distributed throughout the hospital.

Barbara knew that Dot was in line for a scholarship, and she thought she had braved herself for the occasion; but when she caught sight of Dot Lee's name heading the list in General Proficiency, her whole soul burned with indignation. She worked on in a daze, answering the surprised questions of the visiting doctors, she knew not how. Safely locked in her room, however, she gave vent to a spasm of bitter tears which brought relief to her overwrought mind, and, as usual, her common sense prevailed.

"Hm!" she scolded, "wasting tears over a scholarship. Barbara McLean, you know very well you're ashamed of yourself!"

Then, tap, tap, once at the door. Barbara failed to answer. Tap, tap, came again, and the door handle rattled. "It's me, Barbara," came Kate's voice. "I've something to tell you, quick!"

Barbara hastily dried her eyes and, pinning back the stray locks of hair which had become loosened, opened the door to admit Kate, then closed and locked it again.

"Why, Barbara, what's the matter? You've been crying!" exclaimed Kate.

"O I know I'm foolish, but I just got vexed when I saw Dot's name heading the list. And look at you, you're not minding in the least."

"O I was annoyed at First, Barbara, but look at this letter I've just received. I'm positively stunned!"

Barbara read:

"Dear Madam: As solicitor to the late Michael O'Regan, I beg to advise that he has bequeathed to you the sum of $300.00, which I enclose herewith . . . . . "

"Lucky!" exclaimed Barbara. "Who's the wonderful donor!"

"Michael O'Regan? why he was Mickey's god-father. Called Mickey after him. A funny old fellow— awfully good of him to remember me so opportunely."

"Why that will just buy your trousseau," mused Barbara, quite forgetful of her own trouble. "Mark's mother still insists on you living with her? Well, there it is: Suit, $85.00; hat, $15.00; boots, $10.00; dress, $35.00; and still over a hundred for odd things—"

"Do you really think," queried Kate, "that it would be possible for me to get married on graduation day? Mark has always wanted me to, but I thought I would have to work a few months first in order to earn some money."

"Why sure!" came the enthusiastic reply. "As soon as the graduation is over, you and Mark can escape to the church and catch that 6:15 train to Toronto, and from there on to wherever you like."

"All very well with the exception of one thing," broke in Kate.

"What's that?"

"You've got to be my bridesmaid. It won't take long, and you can be back in time for the fun at night."

"Great! What shall I wear? What color will your suit be?" and together, honors forgotten, they plunged into the glories of the clothes question.

From then on, Barbara was so busy with wedding arrangements she had little thought for bitterness, and when the gala day arrived, Belle laughingly chided her for being more enthusiastic over her duties as bridesmaid than her graduation.

The faculty had been workng hand in hand with the nurses to make the day of days a memorable one, and Mother Nature, her heart atune to glad things, stood guard over a cloudless day.

The side lawn, with its wealth of shrubs, was trimmed to a nicety. Gaily colored lanterns hung from the trees, under which tables were spread with festive delicacies. White-garbed nurses flitted here and there arranging the final details, while Henry, that staid hospital officiary, nodded his approval of the finished work. How could anything come to the point of perfection without his final inspection anyway? Dressed in his English tweed, wth fawn spats containing one odd black button on the left spat which uniquely matched his perpendicularly left eyebrow, he made a striking figure for so ostentatious a position. Finally satisfied that everything was at its best, he placed a pink rose in his buttonhole, and made his way to the main entrance of the hospital, there with due ceremony to usher the now arriving guests to the flower-bedecked assembly hall.

In the nurses' apartment all was excitement as the last touches were added to the already lengthy toilet.

"Now, Barbara, where are your flowers? It's just about 2:30," cried Belle.

"Just a minute. I wonder now if I have everything right ready." And carefully she went over the garments laid out on the bed. "I don't think I have forgotten anything. Did you put the confetti down stairs where the girls could get it quickly?"

"Surely! Everything infinitesimal thing is ready, so come along quick. Here, let me fix your flowers. You've pinned them on crooked." And the flowers adjusted, the two went down stairs where the other nurses had gathered.

But Kate rushed up to them, her eyes shining as Barbara had never seen them shine before. "O Barbara, there is the most beautiful basket of red roses just arrived for you. Come quickly, we'll have time!" And she dragged Barbara, while Belle followed, to the alcove where the graduation flowers were on display.

"How exquisite!" cried Belle, as she watched Barbara nervously untie the white ribbon and open a tiny envelope.

"Congratulations, from Betty Brown's aunt," she read in amazement. Then, scanning the first page, she breathlessly announced, "well isn't she a dear! Girls, Miss Brown has invited me to spend a week of rest with her before making by preparations for Africa."

"And you're going?" demanded the girls.

"You just bet I'm going. I want to find the secret of those two happy blue eyes."

The piano started, and with a rush the girls fell into line. A hush

fell on the crowded assembly as Miss Ellerton, in a neat black uniform, relieved by a corsage bouquet of red roses, proudly led the procession to the front seats reserved for them. And she had every reason to feel proud, for that procession stood for all th highest and best in womanhood.

On they came. First the juniors and intermediates in their blue and white uniforms, each class led by its supervising nurse; then the graduating class in their white uniforms and black-banded caps with corsage bouquets of red roses; then the chairman, the speaker, and the prize donors. The music stopped, and the programme began, but Barbara's mind was not there. Rather was it on the little pink envelope pinned in her bosom; and she found herself wondering what Miss Brown's house would be like, and how charming it would be to visit her. Half conscious, she stirred herself while the speaker was addressing the graduation class. He that is greatest among you shall be servant—' Yes, that was the text the speaker spoke from on the night of the alumni meeting, and it was that text that made her decision so clear. After all it would be hard to leave all her friends.

With a jerk, she brought her mind to attention. If she was not careful her name would be called out and she would not hear it. Superintendent Mooney had taken his place on the platform and was about to present the diplomas and pins, and so, by the time he reached the alphabetical letter M, Barbara was fully alert, and was conscious of a flush suffusing her face, as, walking to the platform, Miss Ellerton bestowed on her one of her rare sweet smiles.

Then came the presentation of scholarships and prizes, and Barbara, her hand pressing the little pink envlope, saw Dot Lee ascend the platform steps. Kate and Belle both looked at her, but the quiet countenance asssurd them that her heart was at peace.

Belle was the last one to be presented with a set of books for highest marks in anatomy, and when she returned, Barbara became so busy examining them, she did not notice the pause nor the twinkle that showed above old Dr. Jones' glasses as he rose to his feet. But his voice brought all to attention, as with a chuckle he announced:

"You know, friends, I am not noted as a speech-maker, but when it comes to presenting prizes. I'm Johnny on the spot. As has been said by our honorable speaker, the young ladies before us have all chosen the path of service, and to-day they will be scattered abroad, working out the ideals of this institution wherever they go. This hospital always honors service, but above all does it honor difficult service; and to-day the faculty of this hospital are desirous of wishing God-speed to the one who is to be the first representative of this institution in Africa. I would therefore ask Miss McLean to come forward and accept this small token of the faculty's good wishes and prayers for her and her work."

Barbara sat numb, and it took several nudges from Belle before she rose and went forward. Amid applause, she went to the platform, while Dr. Jones handed her a gold wrist watch, from the engraved back of

which he read: "In token of the esteem of the faculty of the Victoria Hospital. Not for honors, but for the love of humanity."

It was a sincere gathering of admirers and friends that surrounded Barbara on the lawn afterward, but finally, with Belle's aid, she managed to escape with Nurse Doran to their own room.

"Where did Mark go? I didn't see him," enquired Barbara.

"O yes you did. He was the first to congratulate you. He's on the lawn with the other folks," said Kate. "By the way, Belle, where's my bouquet. I thought you were to bring it up."

"I decided to leave it there for everybody to see. You can go down that way and I'll get it for you."

So, with Belle's assistance, the bride and her attendant were made ready and were about to return for the flowers when Miss Ellerton came upon them.

"Girls," she said kindly, "we cannot think of allowing a bride to leave the hospital in this cold fashion. There's a special table prepared in the garden; you must have some refreshments before going." Then, with a laugh at Kate's protestation, she explained, "we have already captured Mr. Clayton and your friends; they are there waiting."

So, with her graduation-bridal bouquet, Kate, a picture of simplicity and loveliness, nervously passed out to the lawn, where she and Mark were showered with kindly congratulations.

At last, a well-groomed gentleman pushed his way through the crowd and tapped Mark on the shoulder: "I say, old boy, you'll be late if you're not careful."

"Come along, then, Kitty," laughed Mark; "the parson will think we've changed our minds if we don't hurry. The groomsman then sought Barbara, and together the bridal party made their way under a shower of confetti to the waiting autos.

The festivities had come to an end. Day was slumbering soundly under her starry blanket. Soliloquy had come forth in her misty gown to seek entertainment of the sleepless ones. Silently she stood by the bedside of the winner of the Victorian Hospital Scholarship and listened with interest. "My training is over." came the confidential whisper; "I have received the scholarship; but after all it only counts for bare marks and stern figures. Mine were not honors, they were merely marks. Barbara McLean won the honors. I guess she deserved them, too, for she took that lonely, homely girl and made a beautiful woman of her. Study came easy for me: she delighted in hard things. She holds some secret to her life."

Then came soliloquy's quiet advice. "Dot, why don't you go to her and find out?"

In another room of the nurses' apartment a beautiful girl with happy tears in her eyes sat on the side of her bed, holding a tiny watch in her hand. The case was open, and her eyes were fixed on two engraved mottoes, 'Ora et Labora' and 'Noblesse Oblige'. She, too, was entertaining soliloquy. "You two innocent little mottoes brought me a

peck of trouble, but O, you've brought me much more joy. I'm glad, now, that Dot prescribed them."

"Then why don't you tell her what they meant to you?" suggested her unseen guest. And a happy smile and benign nod was the answer.

Gathering her robes about her, Soliloquy bade her sweet sleep, and, as the clock's hollow ring sounded out the hour of midnight, she entered a sparsely furnished bed-room, where Henry, wearied after the busy day, jerked off his collar and neck tie.

"This 'ere world is a bloomin' funny world," she heard him say. "A red-headed nurse that nobody's taken notice of grows pretty hall of a sudden, hand goes and gets a fine, decent chap, and 'ere are hall our 'orsbital doctors lettin' a beautiful lady like Miss McLean bury 'erself in Hafrica. Gad! but I can't hunderstand this 'ere 'orsbital, or this 'ere world either."

The End.

CHRISTMAS

"The earth has grown old with its burden of care,
But at Christmas it always is young;
The heart of the jewel burns lustrous and fair,
And its soul, full of music, breaks forth on the air
When the song of the angels is sung.

It is coming, Old Earth, it is coming to-night!
On the snowflakes which cover the sod.
The feet of the Christ-child fall gentle and white,
And the voice of the Christ-child tells out with delight
That mankind are the children of God!

On the sad and the lonely, the wretched and poor,
That voice of the Christ-child shall fall,
And to every blind wanderer open the doors
Of a hope that he dared not to dream of before,
With a sunshine of welcome for all.

The feet of the humblest may walk in the field
Where the feet of the holiest have trod;
This, this is the marvels to mortals revealed,
When the silvery trumpets of Christmas have pealed
That mankind are the children of God."

The above lines are the Christmas thoughts of Phillips Brooks. For many years he stood as one of the highest exponents of the Christ life—one who showed by his daily walk how the prophetic priestly function must be carried into all human living, if humanity is ever to become the child of God. It was he who said that "The man who sees the whole of life must be an optimist."

Emergency Nursing in Ontario

The recent fire in Northern Ontario put into motion all organizations equipped for emergency work. Immediately news of the disaster reached the officials of the Ontario Red Cross, the services of the Division were placed at the disposal of the Provincial Government. The second step was to call the nurses who had enrolled for the Red Cross Emergency Service.

Great was my surprise, on answering the telephone at 8:30 a.m. on the morning of October 5th, to be told I must be ready to leave for Northern Ontario in an hour and a-half's time. Hastily I threw a few personal belongings into a bag, hurried to the Ontario Red Cross offices for orders, was given a Red Cross Emergency Organization kit, and arrived at the Union Station to find that a special relief train had been arranged for.

Parcels of clothing leaving Toronto Red Cross warehouse for shipment to fire sufferers of Northern Ontario.

This train had several baggage cars, which were being loaded with tents, blankets, clothing, and stores of food. Such action had been possible through the co-operation of the Government, the Militia Department, the transportation companies, some large business firms in Toronto, and the Northern Ontario Fire Relief Committee. The latter is a body which has remained organized since the bush fire of 1916, and is representative of the Government, Boards of Trade, and the City Council of Toronto.

After some delay, the train started. One was reminded of the troop trains of war days, where questions were eagerly asked and little authentic information was obtainable. No one seemed quite sure as to the extent of this disaster, our destination, or what was most needed. One felt assured, however, that law and order would prevail, for a squad of twenty-three Provincial Police were on board. In addition, there was a representative of the Provincial Board of Health, the Director of the Ontario Red Cross, newspaper men, and one lonely nurse. However, I felt much better on being informed that a Provincial Public Health nurse would meet us before we reached our destination.

The Premier of Ontario joined the relief train at North Bay, and during the night a committee was formed to act in the emergency. The Director of the Ontario Red Cross was a member of this committee. He was placed in charge of the medical and nursing service, and was assigned the duty of organizing the distribution of clothing and instituting a system of records to ascertain the needs and loss of each individual or family.

Fire sufferers awaiting registration and supplies. The writing on the bulletin board says—"All fire sufferers must register upstairs." The Canadian Red Cross Emergency Relief forms were used for all registrations.

On our arrival at Cobalt we were informed that nurses were not needed at the moment in the more southern part of the fire-stricken area, so we remained on the relief train until we reached Englehart, and from there motored eight miles to Charlton.

It was a cold, damp, raw day, with a few snow-flurries. Never shall I forget my first impression of that devastated fire-swept area. I could not believe that only two days previously Charlton had been a thriving town of over one hundred homes. To-day nothing remained on that flat, charred, blackened ground but a few kitchen stoves, the only thing that had been able to withstand the fierce heat of those tongues of flame.

Fortunately, on the outskirts of that settlement the agricultural hall, a small frame building, had escaped destruction, as well as a small section house by the railway track. In these buildings we found housed a large number of people, thankful to be under cover, even though the floor was their only bed. They lacked practically all the necessities of life. Every farm house in the outlying district was filled to over-flowing —one moderately-sized home sheltering fifteen families!

There were thrilling tales of how this individual and that escaped from the pursuing flames; of many families who were forced to take refuge in the lake, holding wet blankets over the children to protect them from the rain of cinders; of great discomfort and exposure to cold the night following the fire, when no blankets were available and many could not find shelter from the cold night breeze.

And yet no one grumbled! ! !

Space will not permit me to tell the details of each day's work; how the supplies from the relief train were issued to local committees which had been formed at strategic points along the line of the Temiskaming and Northern Ontario Railway; how these committees in turn located the fire-sufferers with the help of the Provincial Police, met their most pressing needs and recorded their losses; how the local organizations of women found shelter for the homeless, distributed the clothing, and fed the hungry.

In the midst of this activity, the nurses fitted in where they were most needed, visiting the sick, nursing the emergency maternity cases, and helping with the distribution of supplies. The nurses were stationed at the different centres in the fire area. The Provincial Department of Health had a staff of six, and the Ontario Red Cross had eleven Public Health nurses in the field. The patients needing nursing care were the first consideration, but there was surprisingly little sickness, and few people suffered from burns except those who were being cared for in the New Liskard and Cobalt Hospitals.

In addition to bedside care, the nurses of the Provincial Department made a detailed medical survey of the district, while the Red Cross nurses, first in the clothing depot, and later in the fire sufferers' temporary homes, obtained valuable records of the families and their needs. These family histories have been of service to the local committees responsible for the distribution of supplies, and will be of great value as a contribution to the history of disaster relief.

A further development of the Red Cross Nursing Service has been the establishment of a Nursing Outpost at Englehart, the centre of a large farming area which suffered extensively in the recent disaster. Without such a Nursing Outpost it would be practically impossible to give proper nursing care to any patient living in the congested quarters, which will be inevitable in that district this winter.

The first emergency has been met; food, shelter, and clothing have been provided, shacks have sprung up with miraculous speed, and old

street cars have been tranformed into one-roomed apartments. Now the stage of rehabilitation has commenced.

This whole experience has undoubtedly emphasized the great need of preparedness for emergency.

(Signed) A RED CROSS NURSE.

The illustrations used in this article are reprinted by courtesy of the *Toronto Globe*.

The Student Christian Conference

The Student Christian Conference for the Central Provinces was held at Elgin House, Muskoka, September 18th to 25th. There were present at this Conference students from all the universities and colleges in Ontario and Quebec, with representatives from the Maritime and Western Provinces. Among the delegations was one of eleven nurses, three from the Hamilton General Hospital and eight from the Toronto General Hospital, four of whom were representatives of the Training School. Also members of the Conference were university professors, ministers of different denominations and leaders from various spheres of life—all of whom gave most liberally of their time and advice to any student seeking help.

Before describing the activities of the Conference, it might be well to state what the Student Christian Movement is, and what is its aim. Quoting from the Canadian Student magazine of March, 1922:— "The Student Christian Movement is a fellowship of students based on the conviction that in Jesus Christ are found the supreme revelation of God and the means to the full realization of life. The Movement seeks through study, prayer, service and other means to understand and follow Jesus Christ, and to unite in its fellowship all the students of the Colleges of Canada who share the above conviction, together with all students who are willing to test the truth of the conviction upon which the movement is founded."

Each day began at 9 a.m. with intercession, followed immediately by Bible study, which was conducted in small groups under separate leaders. These groups were the most important event of the day, and, strange as it may seem to some, were extremely interesting. To those who have taken the opportunity of Bible study, it is amazing to see how many people treat such a wonderful collection of literature with uninterested familiarity, perhaps memorizing parts that have special appeal, but dismissing the whole as unworthy of any real thought or attention. At Elgin House the members of the groups found that they had much in common in their search for truth with the people of Bible days, and that the practical application of the teachings and principles of the Carpenter of Nazareth is the only way of solving present day problems.

Next in importance to the Bible discussions was the consideration of international questions, and one of the first facts shown was that world brotherhood could only appear as the result of honest effort to make the highest principles of personal life those of national life. The various phases of internationalism were introduced by speakers who had intimate knowledge of affairs. For discussion purposes groups were formed, and in them internationalism in its relationship to the student, the state, the races, religion and industry was considered, the student being privileged to hear the opinions and experiences of such people as Mr. Roberts, Canadian Secretary of the League of Nations; Professor Wrong, of University of Toronto; Mr. Woodsworth, M.P.; Dr. Chone Oliver, of India; Mr. Jolliffee, of West China; Miss Margaret Wrong, who spent last year in Europe as Secretary of the Women's Student Christian Federation, and many others. If internationalism had only been a word in the minds of many at the beginning of the Conference, at the close most felt it to be a matter of personal responsibility, challenging the best in them.

The greater part of the afternoons was free from any set programme, and the Conference had an opportunity of enjoying glorious September days on Lake Joseph, which proved to be one of the best means of relaxation and preparation for the platform meeting at nights. These meetings were full of inspiration and interest, and from the first night when Dr. R. Roberts rather startled the Conference by his statement—"Humanity has struck its tents and has nowhere to go"—until the last night when Mr. D. Kitchum talked on the Cost of Discipleship, the student mind was on the alert, recognizing his responsibility and his opportunity for service.

Before the evening meetings, the various delegations met separately to consider problems relating to their own groups and to make plans for the coming year. The nursing delegation had most interesting discussions, and much thought was given as to the best way of carrying the spirit of the Student Christian Movement back to the Hospital and making it practical in the busy every-day life. All the difficulties of long working hours, short recreation hours, physical weariness which the work produces, lack of time and opportunity for study, were brought up, but most of the delegation realized that if the members of the nursing profession were to take their places as worth while citizens in the community, the desire to make the most of life should be great enough to overcome these difficulties. In the Hamilton General and Toronto General Hospitals during the coming winter, groups will meet for Bible study,—the keynote of these groups, as of the whole Student Christian Movement, is fellowship, and it is in that spirit that unitedly the nurses of Canada will be able to make their biggest contributions to the bringing in of the Kingdom of God on earth.

ETHEL S. FENWICK.

Annual Report of the Sixth Annual Meeting of the New Brunswick Association of Graduate Nurses

The sixth annual meeting of the New Brunswick Associatioon of Graduate Nurses was held in the City Hall, Moncton. The meeting was called to order by the President at 2:30 p.m., 39 members being present.

After the Lord's prayer was said, the Mayor of Moncton, in a short address, cordially welcomed the nurses to the city. Miss McMaster, Vice-President of Moncton District, further addressed the nurses, welcoming the visiting ones on behalf of the local chapter and outlined an attractive programme of social activities. Miss F. J. Mitchell, of St. John, thanked Miss MacMaster and her associates for their promise of hospitality and their welcome.

The minutes of the last annual meeting were read and stand as recorded.

The report of the Treasurer was presented and read by Miss Mitchell. The report showed an income of $899.50. Expenditures of $677.45, balance in bank $222.05; appended was the Auditor's report. Moved and seconded that the reports be adopted. Carried.

Report of the Secretary was read by Miss Retallick. The report stated that the Council held thirteen executive meetings and one general during the year. A total of 268 members was enrolled. Moved and seconded that the report be adopted. Carried.

Miss Allie Burns read the report of the Corresponding Secretary, stating that over 300 letters were received and answered and 400 cards mailed. The Secretary stated that she regretted being unable to serve further. Moved and seconded that this report be adopted. Carried.

The report of the Board of Examiners was presented by Miss Retallick, stating that two examinations were held during the year, one in St. John in November and a second in Moncton the following May. Of thirty-five applicants, twenty-nine wrote the examinations, twenty-seven were successful. Moved and seconded that this report be adopted. Carried.

The report of the Registrar was read by Miss Allie Burns. Appended was the expense incurred in maintaining the Provincial Registry. Moved and seconded that this report be adopted. Carried.

The Minutes of the annual meeting of the Canadian National Association of Trained Nurses, held in Edmonton in June, were read by Miss Burns. Resolutions contained therein were taken up section by section and acted upon.

At 4 p.m. an instructive and interesting address on the "Evolution of Surgery" was delivered by Dr. Ferguson, of Moncton. Beginning from

the earliest evidences found in Egyptian history, the progress of surgery was traced onward through all its present developments. A standing vote of thanks was tendered Dr. Ferguson on behalf of the Association.

The second session of the sixth annual meeting of the New Brunswick Association of Graduate Nurses was called to order by the President, Miss Murdoch.

The minutes of the preceding meeting were read and adopted. This was followed by reports of Chapters of the Province, which reports brought forth a great deal of discussion relative to the work of the nursing profession of the Province, such as the Nurse Practice Act, Public Health Nursing, Registration Bill, and National War Memorial.

The meeting was fortunate in having Mrs. Hannington, Chief Superintendent of the Victorian Order of Nurses for Canada, who gave the session valuable information regarding the Nurse Practice Act, and the needs of some of the Prairie Provinces and the northern part of Ontario for some such service.

Later, Dr. Addy, of St. John, addressed the nurses on Cancer. This was greatly appreciated by all present.

The afternoon session was taken up with the election of officers and the finishing up of laid-over business.

THE SPIRIT OF CHRISTMAS

Just at dawn, when you awaken,
You feel sure you're not mistaken
That a Christmas day is breaking fair and clear;
For that brightness, you are certain,
Which, diffused, steals through your curtain,
Shines upon no other morning in the year.

There's a kindliness unspoken,
Some sweet sense of peace unbroken,
In the morning of a Christmas clear and fair,
That surrounds your soul and fills it,
And to childish rapture stills it,
When you breathe the poignant, frosty Christmas air.

And divine I hold this feeling
Through your spirit softly stealing
On the music-laden air of Christmas morn;
For it is the issue vaster
In the teachings of the Master
Who in Bethlehem on Christmas Day was born.

—*Lionel Stevenson.*

Lectures on The History of Nursing

WITH DESCRIPTIVE LIST OF LANTERN-SLIDES

By MAUDE E. SEYMOUR ABBOTT, B.A., M.D.,
Curator of the Medical Museum, McGill University

LECTURE XI.

(Continued from last month.)

During the Great War the work of the Canadian Red Cross, both in the field, in England and at home, is acknowledged by all to have been excellent beyond praise. Both in its auxiliary hospitals (staffed with fully trained C.A.M.C. nurses and army medical service, but erected and equipped in whole or in part by the C.R.C.S.), its motor ambulances, transports, lorries and emergency equipment of all kinds, its cash contributions (amounting in December, 1919, to $9,073,485), and its supplies, manufactured in all parts of the Dominion and sent forward in a continuous stream to hospitals in England and to all Canadian hospitals at the seat of war; last but not least, in its Enquiry Department or Information Bureau, overseas, for prisoners, casualties and missing, it rendered a magnificent service.

Among the hospitals in which the buildings and equipment were supplied in whole or in part by the Canadian Red Cross may be mentioned the familiar names of the Duchess of Connaught Canadian Red Cross Hospital at Taplow (opened in 1914); the King's Canadian Red Cross Convalescent Hospital at Bushey Park (opened in 1915); the Princess Patricia Canadian Red Cross Special Hospital at Ramsgate and Bexhill; the Canadian Red Cross Special Hospital at Buxton, (opened in 1915); and the Canadian Red Cross Officers' Hospital at the Petrograd Hotel (opened in 1918).

Among other activities, rest-homes were provided for nurses, first at Margate (which had, however, to be evacuated as coming within the war zone in England), then at London, and later, in April, 1918, at Boulogne. There being no provision for convalescent officers, a home was first opened in Canterbury; and subsequently a larger house was secured for this purpose at Moore Court near Sidmouth, which was in charge of Mrs. H. Yates and Lady Montagu Allan, both of Montreal. Recreation huts were erected and maintained at the various Canadian General Hospitals in France, chest wards at Nos. 1, 3 and 7, Canadian Generals, and a ward at the St. John Brigade Hospital at Etaples.

The Canadian Red Cross Information Bureau overseas was organized by the Commissioner under the immediate control of Lady Drummond. It was opened on February 11th, 1915, the day after the first Canadian contingent left for France. The bureau did a work of immense

importance for the sick or wounded from the personal or individual side. Through its Parcels Branch, under Mrs. Fraser, comforts and supplies were sent direct to soldiers in hospitals throughout Great Britain and Ireland. Its Prisoners of War Branch was under the immediate direction of Mrs. Rivers Buckley, assisted by Miss Jean Bovey, and to its activities Canadian prisoners scattered throughout Germany owe much for the prompt and regular delivery of food parcels. In addition to these activities and conducting enquiries for the missing, providing entertainment for convalescents in England, etc., its visitors were a very important adjunct to military hospital life, bringing to the patients that cheer and assistance in their personal affairs that can only be provided through devoted personal service from without. The mechanism of this Visitor Department of the Canadian Information Bureau extended throughout Great Britain to all points where Canadian wounded were received, new arrivals at any point being instantly reported to headquarters at London, and the information immediately communicated from there to the Special Visitors appointed locally for that particular district, who followed up the needs and desires of the patients with equal celerity and promptitude. The entire detail of this organization was in Lady Drummond's hands and was another of the special acts of service rendered by her during the war. A third activity of hers, which also deserves special mention here, and which found its parallel in many similiar establishments in the exquisite homes of England, was the organization and conduct of the beautiful little convalescent home established by her early in 1915 at Lord Milner's country seat, Broad Oaks, in Kent, which carried on throughout the war and gave rest and refreshment to a succession of wounded of the Canadian Air Force officers. In all these activities Lady Drummond was ably assisted by a large band of efficient and devoted volunteer workers, among whom were included the Misses Bovey, Mona Prentiss, E. Kingman, B. Caverhill, L. Torrance, Marjorie Sutherland, and many others.

The first Canadian Red Cross Commissioner overseas was the late Colonel Jeffry Burland, who entered upon the work of the initial organization with great zeal and enthusiasm, but who unfortunately died at the height of his activity in October, 1914, soon after reaching England to undertake the duties of the post. He was succeeded by Colonel C. A. Hodgetts, C.M.G., who held office from that time until February, 1918, and thus had the honour and credit of conducting the work of the Canadian Red Cross overseas both during its initial stages and also during the height of its expansion. The work at the front in France was first carried on under the management of Capt. McLeod Moore, whose unobtrusive and devoted action contributed much to the success of the early organization of the Forward Area work. The work of the Society in the war area in France was placed by the Commissioner under the direction of Colonel Blaylock, C.B.E., Assistant Commissioner in France.

After organizing the work overseas and having general control of the same as Commissioner Overseas, Col. Hodgetts, C.M.G., M.D., resigned

on April 1st, 1918, and was succeeded by Col. Blaylock, he being succeeded in France by Major David Law, who was succeeded in December, 1918, by Major D. J. Murphy. The post of Assistant Commissioner in England was filled by Lady Drummond from April, 1918, until demobilization. She was the first woman to hold this important post in the history of the Canadian Red Cross.

The Society, besides its work amongst the Canadian sick and wounded, distributed large quantities of supplies and gave considerable sums of money to the Allies. For the purpose of more readily assisting the French hospitals, also, a large depot was established in Paris, and to this depot from five to ten thousand cases of supplies were sent each month, and from thence were forwarded all over France.

In the year 1916 the Charter of the Canadian Red Cross was revised to meet certain requirements for the organization of local branches and other inadequacies revealed under the high pressure of work during the great war. In August, 1919, a further amendment to the Act of Incorporation was granted by Act of Parliament, providing for the extension of its activities to the prevention of disease in time of peace, in accordance with the peace-time programme of the League of Red Cross Societies, of which the Canadian Red Cross is a member. This latter Act reads: "In time of peace or war, to carry on and assist in work for the improvement of health, the prevention of disease, and the mitigation of suffering throughout the world."

(To Be Continued)

GLAD TIDINGS

Bethlehem is the goal of man's weary march. Here we receive the gift of the Christ-Child, who is to become our Saviour from sin, our hope from despair and our life from the dead. The door of the stable opens into the pathway to the palace of the King. The humblest is the holiest place. The Child of Bethlehem's manger, the poorest and weakest on earth, one day will be King of the universe, crowned with many crowns. Angels are His attendants, wise men His worshippers. A new star is the finger pointing to His birthplace, the shepherds are His watchers and all the future His realm. The wonderful Christmas gift is yours if you will take Christ into your heart; but if the door to your being, like the inn, is closed against Him, if there is no room for Him in your darkened soul, you will suffer regret, disgrace and sorrow. The greatness of the Gift is indescribable, because with Him you have all other treasurers—all other needs supplied. Human language fails to portray more than the fringe of His robes, the beginnings of His power, the touch of His fingers. The unspeakableness of His infinite love will ever invite the affectionate approach of His followers.

Editorial

Once more the Editor takes great pleasure in wishing the subscribers and the readers of the *Canadian Nurse and Hospital Review* the Happiest Christmas possible. May the New Year bring us renewed energy and a broader viewpoint for the task Life sets before us.

War Memorial Fund

This December issue reaches all readers in the first week of the month, and the Editor thinks it might help the efforts of the women all over Canada who are striving to get together the funds for our Memorial for the Overseas Sisters if, through the magazine, a special appeal is made for contributions. It is the wish of the National Committee to have the funds all in hand by the end of the year, and that means hard work on the part of the various committees and a generous response on the part of those asked to contribute. Very, very few nurses have any idea of the amount of work that this collection for the fund has entailed —and, in practically every case, done by those nurses who are the busiest, proving again that it is the very busiest women who have always time for just one more effort. It will be a great satisfaction to these women if the New Year can show the work done and the sum allocated to the various provinces all in the treasury.

Letter to The Editor

Dear Editor:—

Would you kindly inform me, through your columns of the *Canadian Nurse*, if there is any hospital where a graduate may obtain a course in "Hospital Management," also in "Instructor of Nurses."

I am aware it may be taken at either McGill College of Montreal or at Columbia College, New York.

Thanking you in anticipation,

I am, yours truly,

E. P. JOHNSTON, R.N.

Public Health Nursing Department

OFFICERS:

Chairman—Miss Florence Emory, 26 Algonquin Avenue, Toronto, Ont.
Vice-Chairman—Mrs. Hannington, 104 Sparks Street, Room 4, Ottawa, Ont.
Secretary—Miss Muriel Mackay, 190 University Avenue, Toronto, Ont.

Address public health news items from each province to the following representatives:

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Miss Margaret McKenzie,
Department of Public Health,
Halifax.

New Brunswick
Miss Sarah Brophy,
74 Carmarthen Street,
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Quebec
Miss Lawrence,
207 St. Catherine St. West,
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Saskatchewan
Miss Nora Armstrong,
City Health Department,
Regina, Sask.

Alberta
Miss Elizabeth Clark,
Prov. Public Health Dept.,
Edmonton.

British Columbia
Miss M. A. McLellan,
1883 Third Avenue, West,
Vancouver, B.C

The Department of Public Health Nursing at the University of Toronto

This department has entered the third year of its trial and, we are glad to report, a sustained interest in this work. Forty-five students are enrolled, the majority of whom belong to Ontario, but there are also representatives from other provinces. Again we have enrolled many Canadian nurses who have received their training in American hospitals, but who have shown their desire to return to Canada for post-graduate work as soon as this was made available.

Many a desirable candidate is faced with the sad fact that she cannot meet the entrance standard of the department, and this should lead us to urge all girls to finish their high school course before entering the hospital training school. Many nurses now bitterly regret the neglected opportunity of their school days, and might justly reproach the guardians who permitted them to leave school unnecessarily early. We take special delight in the occasional student who has triumphed over adverse circumstances. This is usually the case of a girl who has been forced to leave school at the age of fifteen or sixteen because she was needed at home, and when she had only covered one or two years of high school

work. Occasionally such a one has continued her studies under a tutor, has taken night school work, or in some way has reached the desired goal. Needless to say such a one makes a most desirable addition to the class.

The first classes in this department have set a high standard for their successors to follow. The nurses are already spoken of by their instructors as a group of students, intelligent, hard-working and keen to perhaps an unusual degree.

School Nursing Organization in Saskatchewan

School health work in Saskatchewan is carried on by the School Hygiene Branch of the Department of Education. The aim of this branch is to develop health teaching as a regular subject of the school curriculum. This work was begun and a director appointed in April, 1917. The first year the director devoted almost her entire time to addressing public meetings in all parts of the province and to giving lectures in School Hygiene to the students in the Normal Schools. In 1918 two assistants were appointed and the work in the school rooms was begun. As the demand for the nurses' service grew, the staff was increased. At the present time fourteen nurses are engaged in this work, which is financed by the Provincial Government.

The nurse has as her territory one inspectoral division, during the summer months travelling by motor with the School Inspector, visiting the rural schools, and in the winter working along lines of railway in town and village schools. In the schools the nurses' work is threefold: (1). To stimulate the teaching of Health Habits; (2). to inquire into and make recommendations concerning the hygienic condition of the school; (3). to examine the school children for physical defects and report her findings to the parents. Home calls are made as the special need arises. In cases where investigation proves the parents financially unable to provide medical attention for the children, the matter is reported to the Junior Red Cross Society and treatment secured. When the school nurse's report shows an urgent need of dental service, and where there are no resident dentists, the Junior Red Cross Society sends its dental cars in charge of graduate dentists to do the work. Health talks are given in each school, the making of health posters, rhymes, etc., is encouraged, and in every possible way the establising of good health habits is stimulated.

In 1919, hygiene was placed as a compulsory subject on the school curriculum from Grade I. to Third Year High School. The texts of the Ritchie-Caldwell Series—Primer of Hygiene, Primer of Sanitation, Primer of Physiology and Human Physiology—are used as reference books by the teachers.

A member of the School Hygiene Staff is attached to the Staff of

the Normal Schools in Regina and Saskatoon. Her work is to supervise and advise the students in matter of health, to render first aid when necessary, and to make home calls as the illness of the students demands. She is also a fully qualified experienced teacher, and in her lecture course, throughout the term, instructs in personal and community hygiene, stressing the teaching of health habits in the grades, physiology, first aid and home nursing. Students are given a clear understanding of the Public Health Act, are taught to detect symptoms of communicable diseases, and their responsibility in the reporting of such diseases is stressed. They are given definite instruction regarding the hygienic conditions of class rooms, such as ventilation, lighting, cleanliness, desks, washing facilities, toilets, etc. School children are brought in and the students taught to detect in them the ordinary physical defects. Lectures are given in posture and corrective exercises are suggested. At the beginning of the term the nurse examines all students for physical defects, and a large percentage of them have these defects corrected before they leave the Normal School. Arrangement has been made with the Saskatchewan division of the Canadian Red Cross whereby any student requiring treatment of any kind, and whose finances will not permit it, may obtain the necessary amount, repaying the Society after he begins work in his school. It is therefore not necessary that any student leave the city handicapped by physical defects. Students so trained are impressed with the value of health and go out to be splendid health teachers in their schools. We feel that in this way the real work in health education is being done. It would be impossible to supply nurses to do the health teaching in the 4500 schools scattered over this large province, but teachers so trained take the message into even the most remote parts, and the reports received as to the work they are quietly doing is very gratifying indeed. One boy in a non-English district, far remote from medical aid, reports the prompt and complete isolation of a case of chicken-pox in which his instructions were so well carried out by the parents that no further cases developed. A young girl, also in a non-English district, visited every home carrying with her the necessary material to rid the children of vermin. Cases of defective vision, defective breathing, marked malnutrition and physical defects of all kinds are constantly being reported by the teachers to the Junior Red Cross for treatment. In fact, the school health problems are being worked out by the teachers in a quiet way which is not spectactular, but is productive of lasting results.

School Boards are co-operating to improve the condition of their school buildings. One school was reported in 1921 as "ideal," and in 1922 the school nurse has added, in a number of cases, to her report, "You have a well-kept, well-equipped school which requires but few changes to make it ideal."

In July of each year a course in Health Education, similar to the one given in the Normal School, is given at the University of Saskatchewan. This course is taught by members of the School Hygiene staff,

and special lectures are given on tuberculosis, diseases of the eye, etc., by medical men who are specialists in their own particular work.

A member of the School Hygiene staff accompanies the Better Farming train which tours the province in June of each year. An exhibit of up-to-date hygiene school equipment is arranged, and the nurse meets and discusses hygiene and school sanitation with numbers of interested parents and school trustees each day. Addresses are given at each town to the mothers on matters pertaining to the school child's health and to the children on habits of personal hygiene.

Exhibits of equipment are made at the summer fairs at Saskatoon and Regina and at the Annual Trustees' Convention. A nurse is present in each case to explain and discuss problems of school hygiene.

Addresses are delivered by members of the staff on health topics at the Teachers' and Trustees' Convention, at school fairs, at meetings of Homemakers' Clubs and Women Grain Growers' Associations, at which every effort is made to direct public opinion toward the conservation of the health of the school child.

During the year 1921, 1,199 schools were visited and 959 home calls were made. Of the number of children examined in these schools 9,806 received treatment as a direct result of the School Nurse's visit.

RUBY M. SIMPSON,
Director of School Hygiene,
Provincial Department of Education, Saskatchewan.

Read at the evening session of the Public Health Section of the C.N.A.T.N., Edmonton, June 20th, 1922.

Popularizing Public Health Nursing

Nursing for the public welfare
Means a work of three-fold effort:
Education, brisk prevention,
And the utmost skill at curing
Sickness with resulting hardship.
Josie Smith was ill with measles.
Nurse was called—Lo, education:
She it was who demonstrated
To the anxious, willing mother
How to isolate her Josie;
Scrub her hands before and after
Touching anything of Josie's;
Keep her laundry and her dishes
Sep'rate from the other children's—
Boiled with care and all precaution.
And, with model tact and insight,
She suggested easier methods

To the mother in her housework:
S'howed her wholesale goods, and so forth;
Made it possible to cover
The expense of nursing visits;
Learned the diet of the family,
Told where best milk could be purchased,
And she planned a balance menu,
(When the mother asked her for it).
Mary Smith, the little sister,
Learned from a nurse to use a toothbrush
Learned how milk would make her fatter,
Fresh air make those cheeks grow rosy,
Learned the soap cake's satisfaction.
Johnny Smith once cut his finger.
What a chance for demonstration!
Here's the nurse's first-aid lesson.
So the nurse advised a clinic,
Told his mother of the danger
If he didn't have it seen to.
Now she learned that Johnny's father
Had a cough that seemed suspicious,
Sent him to a good dispens'ry,
And, when diagnosed as "tb,"
Supervised preventive measures
For the others of the fam'ly
Thro' the means of that dispens'ry,
And provided for the father
Sanitarium care,—the finest.
Now comes in the chance for curing
Problems—physical and social.
Josie's nursing care for measles,
Under orders from the doctor,
Largely from the mother's learning
Thro' the nurse, has cured that problem.
Mrs. Smith had then no income,
So the nurse suggested gently,
That the C. O. S. could help her;
And, with both the Smith's approval,
They began investigations,
Soon to find a long-lost brother—
Diamond scarf pin, gloves, and gaiters—
Volunteered to tide them over
Till the oldest boy'd support them.
Then the nurse, her duty ended,
Passed to other public health work.

Public Health Nurse.

Published by Henry Street Settlement, New York.

Private Duty Nursing Department

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Nova Scotia Representative—Miss Josephine Walsh, 41 Brenton St., Halifax, N. S.
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Manitoba Representative—Miss Henrietta Sykes, 723 Wolsely Avenue, Winnipeg.
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British Columbia Representative—Miss Marion Currie, 2707 Hemlock St., Vancouver, B. C.

Hospital Association, 1922

ROUND TABLE

SECTION D—NURSING

1. *Can a hospital attain the minimum standard with what is considered an incompetent nursing staff?*

Dr. Charles H. Mayo, Rochester, Minnesota: We are all interested in the care of the sick, which has been greatly changed from ancient customs. The modern methods, proved to be the best, are now accepted by the public. It is only a few decades since hospitals, some in truth hotbeds of infection, were looked on as places to die in, a place of refuge especially for the poor They are now sought by the intelligent sick who desire the best possible care. No one factor has brought about this revolutionary change. The better knowledge concerning disease and its transmission and prevention, of the educated public who now demand more of the physician, has probably been the greatest factor in bringing about the reorganization; the development of public education in hygiene will be the next great factor.

The trained nurse has given nursing the human, or shall we say, the divine touch, and made the hospital desirable for patients with serious ailments regardless of their home advantages. The rich patient who can pay the price, the poor patient who can pay nothing, may secure the highest service in sickness. But how about the larger group of patients in the middle class ,who, neither rich nor poor, would be glad to preserve their self-respect by paying to the limit of their ability? The key-note of hospital efficiency to-day or of any other great movement depending on combined effort is organization. So few hospitals pay their expenses that, like educational institutions, unless they are supported from a be-

quest, they must be assisted by charity or by the city, state, or some religious or similar organization to make up the yearly deficit. Can a hospital give the minimum standard of care without the most efficient help? The answer is "no" as opposed to public service and the support of standards of efficiency. Yet, if the hospitals have competent physicians, surgeons, internes, superintendents, and trained chiefs of nurses with intelligent and willing undergraduates, much can be accomplished to attain the minimum standard in a comparatively short time. The nursing and care of the sick is a matter of education, and ignorance may be overcome. Knowledge is acquired by a compelling force from within by desire, or from without by compulsion. No matter how efficient in general the nursing staff is, the hospital will not be safe and truly serve the best interests of the sick without supervision by some one in authority. This cannot be reversed; the most competent nursing staff cannot replace those who are responsible for the direction or the administration of the organization.

What can be done to maintain the efficiency and save the professional life and dignity of our nurses? Can we help them to help themselves? They are compelled to study and labor diligently for three years after having achieved a high standard of general education. They are over-trained for nurses and under-trained for physicians. It is true that the training is good for them; the greater number marry, and the wide, general knowledge they have acquired is, in fact, of more value to them, their children, and the communities in which they live, than are college degrees, as it contributes to better national health and a more practical citizenship. The records of St. Mary's Hospital in Rochester show that of the nurses graduating for the ten years preceding the last three years' class of four years ago, thirty-one per cent. are married. If, then, excluding the last three-year graduates, two per cent. are out of work, only forty-three per cent. are left in the service of the previous ten-year period that has taken the nurses three years of hard, continuous study and work to learn, as long in actual time spent as it takes to study medicine and three to four times as long as it takes to acquire a degree as osteopath or chiropractor. It is evident that the foundation requirements are too high for the average demand, and in all fairness must be made a little higher for specialization, and by giving added responsibilities in positions as technical assistants, or the period of training must be shorter in conformity with requirements for ordinary nursing duty in order that a greater number may obtain the benefit of this educational training.

The course of training should be two years with post-graduate study for the third year, which should be optional, and it should be possible to take it at any time desired, so that those who remain in the work may fit themselves for the work in which there is greater opportunity for service and securing personal distinction. Chief nurse in the hospital, chief surgical nurse, nurse in dressing service, anaesthetist, county, city and school nurse, industrial and child welfare nurse, dentist's aid, physician's aid, and laboratory technician, are but a few of the many positions wait-

ing. It is far from my desire to destroy nursing standards; on the contrary, I wish to advance them for those who remain in the profession with a demand for recognition of ability, responsibility, and honor which will then be accorded.

The patient sends for the physician first. The physician secures a nurse if desired, or he sends the patient to the hospital where a nurse in rotation is assigned by the superintendent. The physician or surgeon must assume the responsibility, even though death occurs from accident in care.

Any labor union in which the candidate draws pay or receives only board and lodging while in training, as does the bricklayer, plumber, and carpenter, protects the job by limiting the number of apprentices. In professional life there is some danger in over-organization. The nurse, in accepting unionism, must carefully watch the policies of the organization that they be maintained along professional lines with their legislative efforts directed unselfishly to better care of the sick. As a physician, I am proud that legislative acts sponsored by them, with the one exception of that sponsored by medical anaesthetists, have always been in the interest of public health without thought of advantage to the profession. The physicians' services are always at command for charity, which service the nurse cannot give.

In the interest of the sick I strongly advocate a return to the two-year course as a minimum standard of nurses' training and the development of post-graduate work with a special diploma for advance training. In urging this, I wish to call attention to the fact that in the Great War the medical department under the surgeon-general was developed to the highest efficiency by the valuable aid of the leaders of the department of nurses in Washington, and in the service abroad and at home. Most of the leaders in this group were themselves two-year graduates, thoroughly capable and most devoted to their work.

It has been suggested that those who possess a high-school certificate should be graduated in two years from a course in general nursing, and those desiring training in special branches continue or take such training at a later period. In some progressive cities, such as Minneapolis, the theory of nursing with the fundamental branches is now given as a vocational training course with six months of practical work in a convalescent hospital in the public system.

Department of Nursing Education

President's Address

To the Members of the Canadian Association of Nursing Education:

It is with the deepest regret that I find it necessary to address a letter to you, at this, the fifteenth annual meeting of our Association, instead of being able to express my good wishes in person. I need not tell you that it was only after much thought, and the realization that my duties here had my first call, that I was forced to decide that I could not attend. I specially feel it, owing to the fact that our Secretary, Miss McNeel, resigned during the year, also that the Treasurer, Miss Potts, may not be present, and I fully realize what it means to the presiding officer to take over the work at this the eleventh hour, and to her I wish not only to express my regret, but a very deep sense of appreciation. To Miss Catton, also, I would like you to express the thanks of the Association. Miss Catton took over the duties of Secretary at a time when the arrangements for this Convention were under way, and when there was a great deal of clerical work to be done, and with very little opportunity of reviewing the work with anyone who knew what had been done.

I have not a great deal to report for the past year, but your Executive has at its different meetings dealth with the routine work of the Association, and I think the largest piece of new work lies in whatever action you take after hearing the report of the Convenor of the Committee on the Student Christian Movement, which I am sure you will all feel is needed in our Training Schools. Just how best to carry out constructive religious and social activities among our students is a very big question. Personally I would like the policy to be as broad as possible, taking in such work as English and Dramatic Classes, as well as actual religious instruction or religious services, so that our students in training will develop as women citizens as well as be healthier and happier, and I feel sure that any recommendations or suggestions we may send out to the hospitals as a result of your discussion will be welcomed.

With regard to the standardizing of our teaching methods. One looks forward to the time when positions as Instructress in small Training Schools will be as attractive to the right type of woman as in larger schools, as there is no doubt in my mind that that, and affiliation with the larger centres, is the only solution by which the small hospitals can give as good and as fair a training as the larger ones, and do away with the tragic effort of keeping up the supply of applicants, when for the most part these applicants realize the personal advantages of the larger training school, and also that we will think in terms of just as great enthusiasm of the teaching of a group of ten pupils in Hospital "A" as

the group of fifty pupils in Hospital "B", provided "A's" presentation of the curriculum is as satisfactory as "B's". It always has seemed unfair to me to hear the almost apologetic way that some of the superintendents of small hospitals will speak of the impossibility of their pupils doing this or that because of the size of the hospital, yet the hospital does not hesitate to continue having a training school. The education of the Boards of Management is undoubtedly the solution for this.

The idea of the small hospitals offering as attractive positions as the larger, or of offering as good opportunity of experience is possibly new, but in this we must continue to be sufficiently progressive in our organization to think nationally, which means the best method of education for our nurses in every type of hospital throughout the Dominion.

I, unfortunately, owing to sickness, was unable to attend the fall executive of the National Council of Women at Woodstock, and was unsuccessful in getting a substitute, but Miss Catton acted for me at the spring meeting which was held at Ottawa, and she will doubtless give a report. It is regrettable that the annual meeting of the C. N. of W. again falls on the same dates as the C.N.A.T.N. and our own meeting, as it is not only good for us to be represented, but helpful to know what is going on in the other women's organizations, even although the majority of our members are also members of their own L. C. of W.

I had the honor of representing the Ontario Chapters of the C. A. N. E., at the invitation of the Ontario Medical Association, to a meeting of their Committee on "The Inter-relation of the Medical Profession with other Public Organizations." This committee was created last year for the purpose of finding out how the medical profession could best help them, and how they in turn could help the medical profession. Representatives of many public bodies were present, such as the United Farmers' Association, the organized women of the Farmers' Association, Workmen's Compensation, Faculty of Dentistry, Labour, Etc., and it was most interesting to hear their points of view and their difficulties. I, as your representatve, said we had not much to offer but would gladly take back any suggestions. Although one thing I did ask was that they should realize the difficulties of smaller hospitals in the province where the members of the medical staff were as a rule general practitioners, and where lecture courses were as a result so often interrupted, and that when a medical man accepted an appointment on the staff of a hospital with a Training School, that he had a responsibility in givng instruction. So often we find a marked irritation on the part of medical men when their course of lectures is due, or a procrastination that is very trying to the Superintendent of Nurses, who has only a given time to get in the full number of lectures, instead of the doctor as a member of the staff not being interested but also feeling his responsibility in the curriculum that is being given in his hospital.

Once more we have resolutions before us which means that the fate of our organization is to be discussed and decided, and I earnestly pray and hope that whatever decision you make will be in the unquestionable

interests of nursing education and under-graduate nurse problems. As an organization, we must of necessity be small in membership, owing to the fact that the percentage of nurses taking up administrative work is limited, but this does not lessen its importance and its work—the education of the nurse of the future—which can only be done by those who are voluntarily and directly interested in it. I ask you to realize that our Association cannot cease without the approval of the majority of the members, and, should you feel that it has a definite field in the nursing world, I hope that it may go on doing this work with the support of all those interested in nursing education, and only cease when the time comes that we feel this work can be better accomplished in some other way. I think that time has not yet come. Should any other action be taken, I am presuming it will be with the hope that the work can be done equally well or better, but it will be with much sadness that we would lay to rest the Canadian Association of Nursing Education—our first Canadian Nursing Association and the parent of our National Association.—Think carefully, and I am sure you will act wisely.

It may interest you to know that, while in Britain recently, I was fortunate in being present at the annual meeting of the Matrons' Council of Great Britain and Ireland. The meeting was almost entirely taken up with the business of registration and some of the difficulties, but the guest of the day was Miss Ellen La Motte, whom probably many of you know (author of "The Tuberculosis Nurse"), who gave a very interesting, though somewhat surprising, talk on "The Illicit Traffic in Opium" and her experiences of its results in America. Unfortunately Miss La Motte stated quite authoritatively that the bulk of opium (many hundred per cent. more than was necessary for the world's medical needs) was grown in India, and asked the personal help of all those present in propaganda with such men as members of Parliament, etc., to do what was in their power to stop this condition. The education of public opinion is undoubtedly the only hope for its cessation.

Again, my dear members, may I offer you my warmest greetings, my sincerest regret—more deep than I can say—that I cannot be with you, my apologies for any failures or shortcomings during my tenure of office, and my most cordial support to my successor. In your deliberations I ask you not to let sentiment play any part, but to decide in all things that which you feel is best for our particular work—Nursing Education.

Most affectionately yours,

GRACE E. FAIRLEY, President,

June, 1922. Canadian Association of Nursing Education.

A precious thing is all the more precious if it has been won by toil and economy. —*Ruskin.*

Hospitals and Nurses

NOVA SCOTIA

The annual meeting of the Graduate Nurses' Association of Nova Scotia was held in Halifax on October 11th, 1922. In addition to a most interesting business meeting, the members were addressed by Miss Ellis, visiting Housekeeper on the staff of the Massachusetts-Halifax Health Centre; Miss Campbell, Chief Nurse of the Victorian Order of Nurses in Halifax, and Miss Liggett, of the Junior Red Cross Society. A musical programme was also provided and supper served after the adjournment of the meeting. Miss Watson, Provincial Vice-President from Yarmouth, was among those present.

* * * *

NEW BRUNSWICK

Miss Margaret Murdoch, R.N., Superintendent of the General Public Hospital, St. John, recently underwent an operation for appendicitis.

The graduating exercises of the 1922 class of the Moncton Hospital were held on October 2nd in the Council Chamber of the City Hall. An attractive programme was arranged, which included music and several addresses. The members of the graduating class were Misses Jean Hamilton, Nellie E. Brydges, Isabelle G. Grant, Ruth Turnbull, and Hilda I. MacKinnon.

Prizes were given to members of the School as follows:— For General Proficiency in all subjects, including Deportment, Miss Florence Gillis (1923) was presented with a fountain pen by Dr. R. N. Hughes. For Bandaging, Senior Class, Dr. Ferguson presented a book to Miss Hattie Colwell (1923). For Bandaging, Junior Class, the same donor presented Miss Ella Butland (1904), with a book.

Following the exercises the graduating class and their friends were entertained at an informal dance held in the Hospital Annex, under the auspices of the Ladies' Hospital Aid.

* * * *

QUEBEC

Women's Hospital, Montreal

Dr. H. L. Reddy and Miss E. F. Trench attended the American Hospital Association at Atlantic City on September 25th.

The Homeopathic Hospital of Montreal

The graduation exercises of the Homoeopathic Hospital were held on October 27th. Mr. D. Allaird, President of the Board of Directors, presided, and presented the nurses of the graduating class with their diplomas and pins. Those graduating were Miss Nellie Horner, Miss Donalda Campbell, Miss Florence Gear and Miss Mary Davis. The gold honor pin awarded for General Proficiency was won by Miss Nellie Horner.

Addresses were given by Mr. D. Allaird, Dr. A. R. Griffith, and the Rev. Dr. Dobson. Following the formal exercises a reception and dance were held

Montreal General Hospital

After the business meeting of the October gathering of the Alumnae Association, a social evening was spent in sewing and knitting for the bazaar to be held on Nov. 22nd at the Ritz-Carlton Hotel in aid of the fund to buy, in the near future, it is hoped, a $30,000 club house.

Miss Ingraham (M.G.H.) is in charge of the X-Ray Department at the Children's Memorial Hospital, Montreal.

Miss MacCammon is Assistant Superintendent at Jeffery Hales Hospital, Quebec.

Miss Kathleen Knight is taking the six months' course in X-Ray work at the M.G.H.

The members extend sympathy to Miss M. Duncan (1920) and Miss Brinton (1921) in the loss of sisters.

Royal Victoria Hospital, Montreal.

The result of the tennis tournament between teams of nurses from the Montreal General Hospital and the Royal Victoria resulted in the latter hospital winning the silver cup donated by Miss Helen R. Reid, B.A., and Mr. Arthur McBride.

The annual meeting of the Alumnae Association was held on October 11th in the Nurses' Home. At the election of officers, Miss Goodhue was unanimously re-elected President, Mrs. Roberts, Secretary, and Miss Pidgeon, Treasurer, for the ensuing year. Miss Hersey read an interesting report of the Convention at Edmonton, and Miss Preston (1922), who is sailing shortly for China, gave a brief sketch of the work she expects to do. After studying the language for a year at Pekin, Miss Preston will take charge of a hospital being erected at Honan.

Miss Evelyn Eaton (1921) has sailed for Bombay, India, to join her sister, who is doing medical missionary work there.

Miss Kathleen Sanderson (1921) has succeeded Miss Wilson as Night Superintendent, Miss Wilson having sailed for her home in Scotland.

Miss Anne Bell (1919) has accepted a position on the staff of the University of Michigan Hospital, Ann Arbor, Mich.

Mrs. Eric Paice (Aline Pomeroy, 1912), who for the past year has been connected with the Social Service Department of the Hospital, has left for Pittsburgh, Pa., where she has accepted a position as visiting nurse at the Chalfont Steel Works.

Recent changes on the staff of the hospital are as follows:— Miss Goodfellow (1922) is now in charge of Ward F; Miss Beamish (1918) has been appointed head nurse of the 2nd Floor, Ross Pavilion.

Much regret is expressed at the death of Mr. Spall, a trusted and devoted employee of the hospital from the time the hospital opened. Mr. Spall lost his son, who won the Victoria Cross, in the Great War.

Quebec City.

Miss Edna Giffen (1913) is Supervisor of Nurses at the New York Orthopedic Hospital, New York City.

Misses Constance Stewart (1921), Beryl Earl (1916), and Eileen Daly (1916) are on the staff of a New York City sanitarium.

* * * *

ONTARIO

Kingston.

The first autumn meeting of the Kingston Chapter of the G.N.A.O. was held on October 3rd in the Nurses' Residence, with Miss Maud Abernethy in the chair. Members of the Alumnae Association of the Hotel Dieu were welcomed into the chapter. After the routine business, the War Memorial Fund was discussed, and it was decided to give $50.00 from the treasury of the chapter. Work for the winter was planned and the meeting adjourned. with serving tea by Miss Carey and her assistant, Miss Free. A large attendance of nurses was present.

Toronto Western Hospital A. A.

Miss Edith MacAlpine (T.W.H., 1904), has recently gone to China to take up work in connection with the Woman s Hospital. Before the war, Miss MacAlpine spent a number of years in Egypt and India, returning for duty in England and Canada during the war.

Miss Marion Wylie has resigned her position as Night Supervisor at the T.W.H. and accepted a position as Assistant Superintendent at the Kingston General Hospital. Miss Bishop (T.W.H.) has succeeded her.

Miss Ethel Harshaw has accepted a position as Supervisor of the Operating Room, MacKellar Hospital, Fort William.

Miss Elizabeth Shortreed has been appointed Night Supervisor at Stern Hospital, New York City.

Misses Ryde and Harvey have taken up industrial nursing with the Canadian Grafonola Co. and the Canadian General Electric Co.

Toronto General Hospital.

Miss Elsie Bain, (T.G.H., 1920), who has been on the staff of the Health Department, has now accepted a position in the Social Service Department, Toronto General Hospital.

The party given annually for Miss Snively in honor of her birthday was held on Nov. 11th at the Nurses' Residence, where Miss Snively, Miss Gunn and Miss Hickey, President T.G.H.A.A., received the guests. Lavender and yellow "mums" were the prevailing decorations, and the tea tables were presided over by Mrs. Harold Ritchie and Mrs. Andrew S. Moorehead. Among the guests were the Superintendents of the various city hospitals, Miss Ewing, Miss Dyke, Miss Edgar, and many graduates of the school, among them being Mrs. St. John, Miss Underhill, Miss Annie Robinson, Miss Grace Hodgson, Mrs. A. Brown (nee Cruikshank), Mrs. Leeming Carr, Mrs. John Munro and Mrs. F. E. Dalley, all of Hamilton; Mrs. Gus Richardson, Miss A. J. Scott, Mrs. A. H. Paffard, Mrs. Mill Pellatt and her young daughter, Mrs. Wylie Carlton, and two daughters; Mrs. Muirhead, with her three fairies; Mrs. Roy Brown, and her lassie of eighteen; Mrs. Van Wyck and her fine son; Mrs. Hare, with son and daughter; Mrs. A. L. Davis and her daughter; Mrs. George Atcheson, with one daughter, a returned Nursing Sister and the younger a member of the 1922 class.

During the afternoon quite a number of doctors, who had been house men during Miss Snively's regime, came in to offer greeting to the honored guest. Altogether there were nearly three hundred guests present.

Hospital for Sick Children, Toronto

The Alumnae Association entertained Mrs. Godson (Miss Brent) while she was visiting in Toronto, when many of the older graduates were present and enjoyed meeting the former Superintendent.

Miss Jacqueline Clapp (1920) has taken a position in the Government Hospital, Gold Coast Africa.

London

Miss Jessie Mortimer, Victoria Hospital graduate, has accepted a position on the staff of Beaver Valley Hospital, New Brighton, Penn.

Miss Florence Struthers (Victoria Hospital) is taking a special course in Public Health Nursing at Seattle, Wash.

Miss Helen Walker (Victoria Hospital) has been appointed Superintendent of Lloydminster United Municipal Hospitals, Lloydminster, Saskatchewan.

At the two days' meeting of the Ontario Division of the College of Surgeons, held October 16th and 17th in London, the nurses had a most interesting section meeting under the chairmanship of Dr. Malcolm MacEachern, Sessions were held at the Children's Memorial Hospital and the medical school, the scientific and clinical aspects of the nursing art being considered. Dr. MacEachern gave an address on Hospital Administration. The nursing profession was well represented, nurses coming from Toronto, Ottawa, Hamilton, Kingston, Peterboro, Chatham, Windsor, St. Catharines, Guelph, Galt, Woodstock, St. Thomas, and other parts of the province, showing their appreciation of the benefits derived from the sessions and the exhibits. The Roman Catholic hospitals were well represented by the Sisters, who thoroughly enjoyed the meetings.

Miss Annie Mackenzie presided at the opening meeting of the Victoria Hospital A.A., when Colonel the Rev. William Beattie gave an excellent address on the life of the nurse, with her faith used ever in a practical way. The business of the meeting dealt chiefly with the plans for a bazaar to be held in November, when the Association hope to raise a goodly sum towards their objective of $1,200.00 towards the Canadian Nurses' Memorial Fund.

Woodstock

The annual graduation exercises in connection with the Woodstock General Hospital were held on the lawn of the Nurses' Residence, Sept. 29th, 1922. Col. Gartshore, of London, presented the diplomas, and Dr. D. J. Sinclair, M.P., addressed the class, consisting of Misses Mary MacVannell, Laurel Shaw, Hattie Chambers and Jane Read. A very enjoyable dance in the evening was given by the Ladies' Auxiliary.

A successful bazaar was held by the Alumnae Association of the Woodstock General Hospital on November 1st in aid of the Nurses' War Memorial.

St. Michael's Hospital, Toronto

Miss M. Power, graduate of St. Michael's Hospital, Toronto, formerly Superintendent of the Lynhurst Hospital, Toronto, has accepted a position as assistant agent with the St. Vincent de Paul Children's Aid Society.

* * * *

MANITOBA

The Brandon A.G.N. resumed their monthly meetings and there are indications that this notedly, energetic group has prepared for a busy winter. Monthly social meetings are planned as far ahead as April. The entertainment committee has undertaken to provide either speakers or a paper for the monthly meeting. Miss Margaret Gemmel gave an interesting and concise paper on Cancer. All members were invited by Miss S. P. Johnston, Superintendent of the Hospital, to join the nurses there at the Hallowe'en party. A most delightful evening was the result of this invitation.

* * * *

SASKATCHEWAN

The resignation of Miss Jean Urquhart, Director of Junior Red Cross in Saskatchewan, has been received with regret by her many friends in this province, who also tender their congratulations to her on her appointment to a similar position in British Columbia. Miss Urquhart, during the war, was Matron in charge of the Saskatchewan Unit, and, after her demobilization, was appointed Director of School Hygiene for Saskatchewan, resigning this position to accept that of Director of the Junior Red Cross. Her friends all join in wishing her all success in her new field.

Saskatoon

The November meeting of the Saskatoon Graduate Nurses' Association was held in the Lecture Room of St. Paul's Hospital, with forty-five members in attendance.

In response to a letter from the Military Chapter of the I.O.D.E., explaining the "Next-of-Kin" memorial plan, and suggesting that the Association have a part in it, it was decided that a tree should be provided by the Association in memory of the Saskatchewan Nurses who gave their lives during the war.

Miss Olive Key, ticket convenor for the benefit dance held on October 31st, gave her report, showing a credit balance of seventy dollars ($70.00) for the Nurses' Memorial Fund.

Following the procedure of former years, the Association voted twenty-five dollars ($25.00) to the Star Christmas Fund.

Dr. J. S. Browne gave an interesting lecture on "Rickets." The student nurses from the two hospitals were also present for the lecture.

Nurses Merrill, McGill, Hagarman, Noble, McLean, Sproule and Goodfellow were presented for membership in the Association, and placed upon the waiting list.

The meeting adjourned after the serving of refreshments.

Weyburn

Miss Ruth Hicks (W.G.H., 1911), Lady Superintendent of the Weyburn General Hospital, who has recently recovered from a serious illness, is now in Winnipeg convalescing.

Regina.

The Regina Branch of the S.R.N.A. held a most successful bazaar on the afternoon of Armistice Day, the funds to be devoted to the National Nurses' Memorial Fund. The total proceeds were over six hundred dollars, and, as the expenses were very small, almost the whole amount will be forwarded to the Memorial Fund.

Miss Elda M. Lyne proved a most efficient general convenor, and she was most ably assisted by the following nurses: Miss Jean Urquhart, in charge of the tea tables; Miss Jessie MacLeod, in charge of the infants' table; Mrs. MacGillivray, the apron table; Miss E. Thomas, the miscellaneous table; Miss May Lauder, the home cooking table; and Mrs. Van Valkenburg, in charge of the advertising. The nursing staff of the Sanitarium at Fort Qu'Appelle, under the convenorship of Mrs. Adam, also provided material for one table—

this netted almost ninety dollars—which has also been forwarded by the Sanitarium nurses to the Memorial Fund.

Two raffles proved most popular—a Christmas cake, presented by Mrs. W. A. Thomson, brought in over forty dollars; and the French doll, Yvonne, presented by Miss Jean Urquhart, with her wonderful trousseau provided by Mrs. Van Valkenburg and Miss Huby Simpson, brought fifty dollars.

Miss Elizabeth Fleming (R.G.H., 1917) has accepted the position as Night Supervisor of the Regina General Hospital

Miss Ethel E. Ross and Miss E. Williamson (New York City Hospital graduates of 1908), who have been for the past ten months on the staff of the Regina General Hospital, have left Regina.

The Staff Nurses and Training School of the Regina General Hospital held a reception in the Nurses' Home to welcome their new Superintendent of Nurses, Miss Isobel McKinnon. The doctors of the city and their wives, as well as other friends of the nurses, were invited,—in all over two hundred guests were present. Upon behalf of the Training School, Miss Nina Gustafson, one of the senior pupils, read an address of welcome, and a beautiful bouquet of roses was also presented to Miss McKinnon. Many were the good wishes expressed to Miss McKinnon, the first Regina General graduate to take charge of the Training School, with promise of such hearty co-operation from the nursing and medical staff, that Miss McKinnon's success should be assured.

* * * *

ALBERTA

Lamont

Miss Ruby Manton (Lamont Public Hospital, 1919), has joined the staff of the Victorian Order of Nurses, London, Ont.

Calgary.

At a special meeting of the C.A.G.N. in the Y.W.C.A. parlors on Tuesday evening, Oct. 24th, Miss M. E. Cooper, R.N., graduate of the Calgary General Hospital, 1917, was elected Registrar.

The usual business meeting was held in the Y.W.C.A. on Thursday evening, November 9th, Mrs. R. P. Stuart Brown, President, in the chair. Nominations were made for the election of officers for the local Council of Women. It was decided that a collection of cash be made from the members towards the Y.W.C.A. bazaar, as, owing to the various duties and whereabouts of the members, it was difficult to promise any assistance at a booth.

* * * *

BRITISH COLUMBIA

A Graduate Nurses' Association has been formed in Prince Rupert recently, and the following are the officers for the ensuing year: Miss Gillingham, President; Mrs. Carruthers, Vice-President; Mrs. Hutchinson, Prince Rupert General Hospital, Secretary-Treasurer. Meetings to be held at the hospital the first Monday of each month.

The association held their first social function when they undertook a "bridge" party for the Memorial Fund. It was very successful, and the proceeds were $25.00 for the fund.

New Westminster

Miss L. Saunder has recently been appointed Ward Supervisor, and Miss E. Chadbourne as Instructor at the Royal Columbian Hospital, New Westminster.

The G.N.A. of New Westminster held a successful rummage sale recently in aid of the Nurses' Memorial Fund and raised $105.00 for it.

Miss Blanche Wells, R.N. (Newport Hospital, Newport, R.I.), has resigned her position as Operating Room Supervisor at the Royal Columbian Hospital, New Westminster, to take charge of the Revelstoke Hospital.

Miss E. Swanson, R.N., and Miss G. Taylor, R.N., are spending some time at the residence of Miss Swanson, Anyox, B.C.

VICTORIA

A most successful ball was held in the Armory, Victoria, on Thanksgiving night by the Graduate Nurses of Victoria in conjunction with the Fifth Regiment, C.G.A., and the Sixteenth Canadian Scottish Regiment. Part of the proceeds was devoted to the Memorial Fund of the Canadian Nurses, and will help to increase the sum allocated to them for this purpose. Among the nurses on the committee were Mrs. Bullock-Webster, Miss M. E. Morrison, and Mrs. Osborn.

The spider weaves with a silken thread,
He clings as he spins, and gorges ahead;
He falters not, and ne'er looks back,
As he winds and twines his thread of track—
A cob-web loom.

On the river called life, in our frail canoe,
We drift, or paddle abreast the tide, through
Shoals of doubt, to breakers ahead;
Winding and turning as on we are lead—
Till crack o' doom.

No waves of doubt will hamper the speed
Of the craft that follows the spider's lead.
Then cling to hope, nor falter, nor turn
Successful billows into gloom—read, mark, learn,
Think successfully,
Quietly, serenely, restfully, hopefully, trustfully,
peacefully, joyfully.

M. A. G.

CHRISTMAS CAROL

As I kept watch beside my sheep
An Angel brought me news to keep.
He said, "There shall be born this night
A little child of love and light.
Glory on high and peace below,
O Benedicamus Domino.

He said, "The child lies in a stall,
But He shall bless the wide world all."
I saw the stall and Holy Child—
I could not leave that Presence mild,
Glory on high and peace below,
O Benedicamus Domino.

The Child upon me turned His eye
And in His hand my heart laid I.
When I went home, the Child with me
Went and would never parted be.
Glory on high and peace below,
O Benedicamus Domino.

BIRTHS

Clarke—At the Private Patients' Pavilion, Toronto General Hospital, Toronto, on November 5th, 1922, to Mrs. George Clarke (Jessie Paxton, Toronto General Hospital, 1916), a son.

Findlay—At Montreal, on October 24th, 1922, to Mr. and Mrs. F. R. Findlay (Mabel Trenholme, Royal Victoria Hospital, Montreal, 1912), a son and daughter.

Hamilton—On October 6th, 1922, at the Soldier's Memorial Hospital, Campbellton, N.B., to Mr. and Mrs. A. M. Hamilton (Nursing Sister Mary Shaw, Winnipeg General Hospital), a daughter, Marguerite Kathleen.

Parks—On September 24th, 1922, at the Jeffery Hales Hospital, Quebec, to Mr. and Mrs. H. Parks (Hazel Sharpe, Women's Hospital, Montreal, 1920), a son.

Perry—In Australia, to Mr. and Mrs. Gadcoden Perry (Bessie Mitchell, Hospital, Chatham, Ont., 1917), to Paul M. C. Rourke.

Spence—On September 24th, 1922, to Mr. and Mrs. Frank Spence (Nursing Sister Jean Bennett, Toronto Western Hospital), a daughter.

Turner—At Meyronne, Sask., on September 26th, 1922, to Mr. and Mrs. A. Turner (Effie Fumerton, Regina General Hospital, 1919), a daughter, Margaret Loman.

Watson—At Duncan, B.C., on July 21st, 1922, to Dr. and Mrs. Herbert N. Watson (Eleanor Matthews, Vancouver General Hospital, 1918), a daughter.

Windeler—At Summerland, B.C., on October 14th, 1922, to Dr. Eric and Mrs. Windeler (Jennie Johnston, Vancouver General Hospital), a daughter.

MARRIAGES

Donaghue-Perry—At the Anglican Church, Eastwood, Ont., on September 28th, 1922, Blanche Perry (Woodstock General Hospital, 1918), to Mr. William Donaghue, of South Porcupine, Ont.

Embertson-Stafford—On October 18th, 1922, Frances Louise Stafford (Lamont Public Hospital, Lamont, Alberta, 1918), to Lewis Henry Embertson, Wetaskiwin, Alberta. Miss Stafford has been Matron of Wetaskiwin Hospital for the past two and a-half years.

Fleming-Malcomson—October 17th, 1922, at the home of the bride's parents, 84 Rusholme Road, Toronto, Margery Malcomson (Toronto General Hospital, 1919), to Gordon Fleming, Toronto.

Hooper-Weber—At Fresno, Calif., on October 24th, 1922, Anne Elizabeth Weber (Oshawa General Hospital), to Mr. Earle L. Hooper, of Fresno, California.

Love-McDonald—On October 16th, 1922, Florence Agnes McDonald (Lamont Public Hospital, Lamont, Alberta, 1922), to Brittain Innis Love, V.S., Lamont, Alberta.

MacGregor-Long—At Vancouver, on October 24th, 1922, Ada B. Long (General Hospital Edmonton, Alberta), to Mr. Harry J. MacGregor. Mr. and Mrs. MacGregor will reside in Vancouver, B.C.

McQuillen-Gigniac—On September 14th, at the Sacred Heart Church, Toronto, Marie Louise Gigniac (St. Michael's Hospital, Toronto, 1915), daughter of the late Mr. and Mrs. Louis Gigniac, of Lafontaine, to Mr. James McQuillen, of Richmond Hill, Ont.

Rourke-Masterson—On July 1st, 1922, Lylia C. Masterson (St. Joseph's Hospital, Chatham, Ont., 1917) to Paul M. C. Rourke.

Scott-Copeland—At Toronto, Ont., on November 3rd, 1922, Ruth Kathleen Copeland (Hospital for Sick Children, Toronto, 1920), to Walter Ellis Scott, of Penetang.

Spencer-McQuarrie—On August 2nd, 1922, at Sydney N.S., Marguerita McQuarrie (Toronto General Hospital, 1921), to Major R. A. Spencer, Professor of Engineering, University of Saskatchewan, Saskatoon, Sask.

Symms-James—At the Lion Church, Silverton, B.C., on August 24th, 1922, by the Rev. H. W. Stevenson, Gertrude Helen, eldest daughter of Mr. and Mrs. W. L. James, of Silverton, B.C. (Provincial Royal Jubilee Hospital, Victoria, B.C.), to Edward George Symms, of Orient, Wash. Mr. and Mrs. Symms will reside in Sandon, B.C.

Torrie-Sloane—On October 19th, 1922, Margaret Sloane (Lamont Public Hospital, Lamont, Alberta, 1922), to Duncan Torrie, of Mundare, Alberta.

Wallace-Kohler—On July 20th, 1922, Ethel Kohler (Toronto Western Hospital, Toronto, 1917), to Robert E. Wallace.

Watt-Mosher—At Nelson, B.C., on September 26th, 1922, E. Maude Mosher, Victoria General Hospital, Halifax, N.S., and Nursing Sister C.A.M.C.), to Mr. James W. Watt, of Trail, B.C.

Werritt-Woolley—On September 12th, 1922, in Simcoe, Ont., Grace Kerr Woolley (Woodstock General Hospital, 1918), to Mr. Norman Werritt, of Simcoe, Ont.

York-Doyle—On September 12th, 1922, Isabel Doyle (St. Joseph's Hospital, Chatham, Ont., 1919), to Aylmer York.

DEATHS

Brown—At her home in Orillia, Ont., Mary Sawers (Toront Western Hospital, Toronto, 1905), beloved wife of Dr. William Brown, passed away after a long illness. After graduating, she became Supervisor of Operating Rooms, then Assistant Superintendent of the T.W.H., and previous to her marriage was Superintendent of the Orthopedic Hospital, Bloor St., Toronto.

In moments of hardship remember that all things work together for good to them that love God. Wherefore be markedly composed when you are in a difficult place. —*Bp. Brent.*

I could not live in peace if I put the shadow of a wilful sin between myself and God. —*George Eliot.*

SAFETY FIRST

"Safety first" is a good maxim in most things, but particularly so in relation to the investment of money. The rich may afford to speculate and to take the risks attendant on high rates of interest. Those whose means are moderate must be careful to see that there is absolute security in their investments. For such people there is no other form of investment which takes such a high rank, combining absolute security with liberal interest, as the bonds of the Dominion of Canada. Holders of Dominion bonds bearing five and a-half per cent., maturing December 1, 1922, can re-invest their money at the same rate of interest by exchanging the old bonds for new ones running for either five years or ten years, as the bondholder may prefer. Arrangements for carrying out this exchange can be made through all the chartered banks.

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WANTS

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Applicants must be members of the C.N.A.T.N., and nurses of experience and executive ability. All applications must be in before January 1st, 1923.

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—*Hugh Black.*

Hinges of true friendship never grow rusty.

Among the smaller duties of life I hardly know one more important than that of not praising where praise is not due.

—*Sydney Smith.*

THE GRADUATE NURSES' ASSOCIATION OF NOVA SCOTIA
HALIFAX.

President, Miss Laura M. Hubley, Cogswell St. Hospital, Halifax City; Honorary President, Miss Katherin Graiene, Health Center No. 1. Gottingen St., City; Rec. Secretary, Miss Gertrude Crosby, 344 Gottingen St., City; Corresponding Secretary, Miss A. M. Goddart, Health Center No. 1, Gottingen St., City.

THE NEW BRUNSWICK ASSOCIATION OF GRADUATE NURSES

President, Miss Margaret Murdock, General Public Hospital, St. John; Vice-Presidents, Misses S. E. Brophy, A. Branscombe, A. J. MacMaster, E. Keyes, V. Winslow, B. Budd, Rev. Sister Carrol; Recording Secretary, Miss Maud E. Retallick; Corresponding Secretary, Mrs. T. B. Reynolds, 21 Kennedy Place, St. John; Treasurer, Miss E. J. Mitchell, Gen. Pub. Hosp., St. John; Additional Members, Misses B. B. Howe, H. T. Meiklejohn, D. E. Coates, L. Gregory; Registrar, Miss A. MacMaster, Moncton, N.B.; Public Health Convenor, Miss H. T. Meicklejohn, 134 Sidney St.

"Canadian Nurse" Representative, Miss A. L. Burns, Moncton.

ALUMNAE ASSOCIATION OF JEFFREY HALE'S HOSPITAL, QUEBEC.

Honorary President, Miss Mary Shaw; President, Mrs. M. K. Craig; First Vice-President, Miss White; Second Vice-President, Miss MacKay; Recording Secretary, Miss A. Murphy, 247 St. Cyrille Street, Quebec; Corresponding Secretary, Miss Una Gale; Treasurer, Miss M. Fischer.

Executive Committee—Miss May, Miss Lenfesty, Miss C. Kennedy, Miss Black, Miss Wilson. Refreshment Committee—Miss D. Binning, Miss Fellows.

Representative to the "Canadian Nurse"—Miss V. Horner.

Sick Visiting Committee—Miss G. Mayhew, Miss E. Jack.

Regular meeting first Monday at 8 p.m.

OFFICERS OF THE ALUMNAE ASSOCIATION OF THE SHERBROOKE HOSPITAL, SHERBROOKE, QUE.

President, Mrs. Wilfred Davey; First Vice-President, Mrs. C. K. Bartlett; Second Vice-President, Miss Buchanan; Recording Secretary, Miss Jessie Saint-Denis; Corresponding Secretary, Miss Van; Treasurer, Mrs. Colin Campbell; Representative to "Canadian Nurse," Mrs. Roy Wiggett, Apt. 17, Mon. Nationale, Sherbrooke; Regular Monthly Meeting—Second Tuesday.

THE ALUMNÆ ASSOCIATION OF THE ROYAL VICTORIA HOSPITAL, MONTREAL, QUE.

Honorary President, Miss E. A. Draper; President, Miss Goodhue; First Vice-President, Miss A. L. Campbell; Second Vice-President, Miss Bellhouse; Recording-Secretary, Mrs. E. Roberts, 360 Prudhomme Avenue; Corresponding-Secretary, Miss M. A. Prescott; Treasurer, Miss Lillian Pidgeon; Treasurer of Pension Fund, Miss Milla MacLellan;; Executive Committee—Miss Hersey, Miss A. M. Hall, Miss Etter, Mrs. Stanley, Miss Guernsey, Miss B. Stewart; Programme Committee, Miss Katherine Davidson; Representative to Canadian Nurse, Miss Grace Martin; Representatives to Local Council of Women, Mrs. H. T. Lyons and Miss Winnifred Bryce; Sick Visiting Committee, Convener, Mrs. M. J. Bremner, 225 Pine Avenue West. Phone Up. 3861. Regular meeting—Second Wednesday, at 8 p.m.

THE ALUMNAE ASSOCIATION OF THE WESTERN HOSPITAL, MONTREAL

Hon. President, Miss J. Craig; President, Mrs. J. Pollock; First Vice-President, Miss C. Rowley; Second Vice-President, Miss H. Williams; Treasurer, Miss J. Craig Western Hospital, Montreal; Secretary, Miss B. A. Dyer, Western Hospital, Montreal, Quebec.

Convener of Finance Committee—Miss B. A. Birch, Western Hospital.

Convener of Programme Committee—Miss Ada Chisholm.

Convener of Membership and Visiting Committee—Miss Ethel Mount.

Convener of General Nursing Committee—Miss B. A. Birch.

Representative to Canadian Nurse—A. M. Stephens.

THE ALUMNAE ASSOCIATION OF THE WOMEN'S HOSPITAL, MONTREAL

Honorary President, Miss E. F. Trench, Superintendent of Nurses, Women's Hospital; President, Miss Leguin, 1540 St. Herbert St., Montreal; First Vice-President, Miss Frances, Women's Hospital; Second Vice-President, Mrs. Kirk, 2289 Waverley St., Montreal; Secretary-Treasurer, Miss Thomson, 1003 Dorchester St. W.

Convenors of Committees—Finance, Miss Trench; Sick Visiting, Miss L. Drew, Miss Francis.

Representative to "Canadian Nurse", Miss S. Dewer, 786 Shuter St., Montreal.

Regular Monthly Meeting, third Wednesday at 8 p.m.

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Medical Nursing	6 months
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Mothers	2 months
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Board of Directors—Miss Armour and Miss Morris.

Canadian Nurse Representative—Miss E. G. Miller.

Regular Meeting, First Friday of each month at 8.30 p. m.

THE ALUMNAE ASSOCIATION OF THE HOMEOPATHIC HOSPITAL. MONTREAL, QUE.

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Representative to the Canadian Nurse—E. Routhier, 4 Oldfield Ave.

Regular Monthly Meeting—First Thursday at 8 p.m.

THE ALUMNAE ASSOCIATION OF THE MONTREAL GENERAL HOSPITAL, MONTREAL

President, Miss Mabel Davies; First Vice-President, Miss Holt; Second Vice-President, Miss Frances Reed; Recording Secretary, Miss Kirkland; Corresponding Secretary, Miss Miriam Gray; Treasurer Sick Benefit, Miss Henrietta Dunlop. Executive Committee, Misses F. M. Shaw, Winifred Scott, Nora Tedford, F. Strumm and Ruth Loggie; Sick Visiting Committee, Misses C. S. McLeod, Bessie Briggs, Jane Home and Gwendoline Nichol. Representatives to Local Council of Women, Mrs. F. Lamb and Miss Hardinge; proxies, Miss Holt and Mrs. Hardwick.

Representative of the "Canadian Nurse" Magazine, Miss Agnes Jamieson, 975 Tupper Street, Montreal.

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Regular Meeting, First Tuesday, 8 p.m.

ASSOCIATION OF REGISTERED NURSES FOR PROVINCE OF QUEBEC.

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Press Representative—Miss Jean Campbell, 72 Hendrick Ave., Toronto, Ont.

Regular Meeting—First Monday of every month.

DR. JUNIOR: "Before we go in, Doctor—you often speak of aborting pneumonia."

DR. SENIOR: "That is something which seems to you impossible——"

DR. JUNIOR: "Well, pneumonia—once it is clearly diagnosed—being a bacterial disease——"

DR. SENIOR: "Exactly. But, without the other inflammatory concomitants—impeded circulation with stasis—dead and dying (that is starved) blood cells—red and white; congestion of parts, favoring the pneumococcus with ample sustenance—; all these so-called mechanical factors, can be quickly, safely, antiseptically relieved by the prompt application of Antiphlogistine.

DR. JUNIOR: "It looks like plain, common sense, Doctor——"

DR. SENIOR: "Which all true science is. It is 'plain,' that is logical. It is 'common,' that is in the meaning that it belongs to everybody. The only trouble is that a few of us wish to keep ourselves excluded from the common lot."

DR. JUNIOR: "After all, though—my idea of a physician is the man who seeks first the relief and comfort of his patient, and who, having done his best to effect that, employs his leisure to go deeply into the mooted questions of scientific discussion.

DR. SENIOR: "In treating pneumonia do not overlook the important fact that Antiphlogistine assists the patient to exactly what he absolutely requires, Ease,—Rest,—Sleep——"

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Representative to Local Council of Women—Miss Hewitt.

Representatives to Central Registry—Miss N. Lewis, Miss E. G. Woods.

Regular Meeting—Third Thursday, 4 p.m.

THE NURSES' ALUMNAE ASSOCIATION OF OTTAWA GENERAL HOSPITAL.

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Regular Meetings, First Friday of each month at 8 p.m.

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Representatives to Local Council of Women are the officers.

Meeting, Third Thursday at 8 p.m.

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(Incorporated 1918) Officers 1922-1923

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Representative "Canadian Nurse" Magazine, Miss Mary Sluin, 204 Stanley Avenue, Ottawa.

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Incorporated 1908. Officers 1922-23

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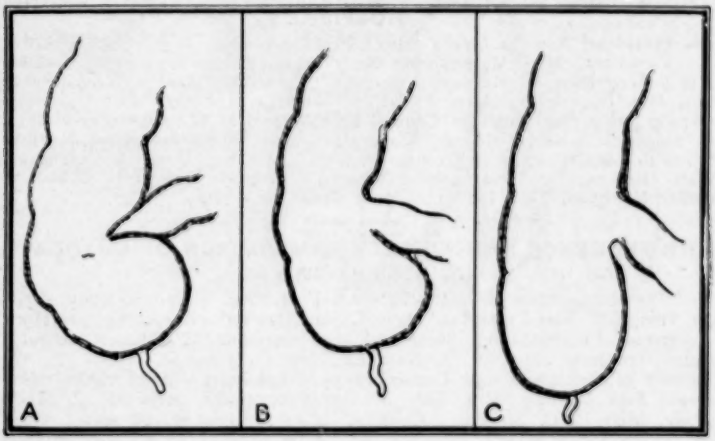

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"Canadian Nurse" Representative, Miss O. Waterman, Nicholls' Hospital.

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Representative to Central Registry—Miss T. Gurry.

Representative on "Canadian Nurse"—Miss E. Dermody, 157 Catherine St., South.

Regular Meeting—First Tuesday, 4 p.m.

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Executive Committee—Miss K. Peart, Hamilton General Hospital; Miss Vance, 101 West Avenue North; Miss Champ, 11 Nightingale Street; Miss Servos, 25 Arthur Avenue South; Miss Harley, 98 Leeming Street.

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Canadian Nurse Representative—Miss Maysie Marriott.

Programme Committee—Misses Moyer, Freel, McGinnis, Rawlings, Buchanan and Honey

Regular Monthly Meeting—Last Tuesday, at 2:30 p.m.

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Executive Committee—Misses Cook, Malcolm, Bennett, Crane and Mills.

Representative to "Canadian Nurse"—Miss Myrtle Bennett, 71 Hincks Street.

Regular Meeting—Second Wednesday, 8 p.m.

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Canadian Nurse Representative—Miss N. Casey, Chatham, Ontario.

Regular Meeting—First Monday, 3 p.m.

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Regular Meeting—Fourth Friday of each alternate month, at 8 p.m.

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Representatives to Social Service Council—Mrs. M. Patterson, Mrs. W. Cummins, Mrs. A. C. Joseph and Miss Ada Brown.

Advisory Committee—Mrs. Gibson, Misses Mortimer, Bice, McPherson, McMillan and Guest.

Programme Committee—Mrs. Eyre, Misses White, Ashplant, Foster and McLaurin.

Sick-Visiting Committee—Misses Cockburn, Sumner, Rinn and Grey.

Regular monthly meeting—First Tuesday, at 8 p. m.

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Regular Monthly Meeting—Second Monday, at 8 p.m.

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Regular Meetings—Second Friday of each alternate month.

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Representatives to Central Registry, Miss A. Davidson, 322 Brunswick Avenue, Toronto; Miss I. Vincent, 96 Simpson Avenue, Toronto.

Programme Committee, Miss O. Hatley, Riverdale Isolation Hospital, Toronto; Miss Craig, Riverdale Isolation Hospital, Toronto; Mrs. White, 85 Mairn Avenue Toronto.

Representative to Toronto Chapter, Miss A. Davidson, 322 Brunswick Avenue, Toronto.

Board of Directors and Officers, Miss E. Scott, 342 Shaw Street, Toronto; Miss L. Whitlam, 35 DeLisle Avenue, Toronto; Miss G. Honey, Riverdale Isolation Hospital. Toronto; Miss C. Field, Riverdale Isolation Hospital, Toronto.

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Regular Meeting—First Friday, 7.30 p.m.

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